

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**4**  
Labor Day Holiday

**5**  
Chicken Breast Tenders  
Cornbread  
Collard Greens  
Glazed Carrots, Garden Peas  
Macaroni&Cheese Salad  
Cookie, Rice Krispie Treat  
Fruity Mix

**6**  
Nachos w/ Red Beans and Rice  
Vegetables with Cheese  
Refried Beans, Niblet Corn, Salad  
Southern Green Beans  
Salsa, Tostitos  
Cheese Dip, Queso Cheese  
Cookie, Rice Krispie Treat  
Sliced Apples

**7**  
Baked Chicken Breast or Thigh  
Southern Roll  
Sunshine Rice  
Butter Peas, Steamed Broccoli  
Crispy Okra, Salad  
Cookie  
Rice Krispie Treat  
Pineapple & Cherries

**1**  
Chicken Breast Chunks  
Southern Roll  
Sweet Potato Soufflé  
Purple Hull Peas, Lima Beans  
Steamed Broccoli, Niblet Corn  
Salad  
Cookie, Rice Krispie Treat  
Sliced Apples

**3**  
Chicken Fajita w/ Mexican Rice  
Lettuce, Tomato, Salsa OR  
Salisbury Steak w/Gravy  
Southern Roll, Mashed Potatoes  
Steamed Broccoli, Baked Beans  
Niblet Corn, Salad  
Cookie, Rice Krispie Treat  
Apple

**11**  
Popcorn Chicken  
OR  
Buffalo Popcorn Chicken  
Southern Roll, WG Rice  
Southern Green Beans, Salad  
Mixed Vegetables, Crispy Okra  
Cupcake, Rice Krispie Treat  
Fruit Du Jour

**12**  
Chicken Breast Tenders  
Southern Roll  
Mashed Potatoes  
Zipper Peas  
Steamed Broccoli  
Niblet Corn, Salad  
Cookie, Rice Krispie Treat  
Orange

**13**  
Nachos w/ Red Beans and Rice  
Southern Green Beans  
Niblet Corn, Vegetables with Cheese  
Refried Beans, Tostitos  
Cheese Dip, Queso Cheese  
Salad  
Cookie, Rice Krispie Treat  
Flavored Applesauce

**14**  
Baked Chicken Breast or Thigh  
Southern Roll  
Mashed Potatoes  
Baked Beans, Cole Slaw  
Niblet Corn, Steamed Carrots  
Salad  
Cookie, Rice Krispie Treat  
Fruit, Tropical Salad

**15**  
Chicken Breast Chunks  
Southern Roll  
Sweet Potato Soufflé  
Purple Hull Peas, Lima Beans  
Steamed Broccoli, Niblet Corn  
Salad  
Cookie, Rice Krispie Treat  
Sliced Apples

**18**  
Popcorn Chicken  
OR  
Buffalo Popcorn Chicken  
Southern Roll, Mashed Potatoes  
Green Lima Beans, Niblet Corn  
Steamed Broccoli, Salad  
Cupcake, Rice Krispie Treat  
Banana

**19**  
Chicken Breast Tenders  
Cornbread  
Collard Greens  
Glazed Carrots, Garden Peas  
Macaroni&Cheese  
Salad  
Cookie, Rice Krispie Treat  
Fruity Mix

**20**  
Nachos w/ Red Beans and Rice  
Vegetables with Cheese  
Refried Beans, Niblet Corn, Salad  
Southern Green Beans  
Salsa, Tostitos  
Cheese Dip, Queso Cheese  
Cookie, Rice Krispie Treat  
Sliced Apples

**21**  
Baked Chicken Breast or Thigh  
Southern Roll  
Sunshine Rice  
Butter Peas, Steamed Broccoli  
Crispy Okra, Salad  
Cookie  
Rice Krispie Treat  
Pineapple & Cherries

**22**  
Chicken Alfredo OR  
Meatloaf w/ Cheese & Ketchup  
Mashed Potatoes  
Southern Roll, Steamed Broccoli,  
Purple Hull Peas, Southern Green Beans,  
Niblet Corn, Salad, Cookie  
Rice Krispie Treat, Sliced Apple

**25**  
Popcorn Chicken  
OR  
Buffalo Popcorn Chicken  
Southern Roll, WG Rice  
Southern Green Beans, Salad  
Mixed Vegetables, Crispy Okra  
Cupcake, Rice Krispie Treat  
Fruit Du Jour

**26**  
Chicken Breast Tenders  
Southern Roll  
Mashed Potatoes  
Butter Peas  
Steamed Broccoli  
Niblet Corn, Salad  
Cookie, Rice Krispie Treat  
Orange

**27**  
Nachos w/ Red Beans and Rice  
Southern Green Beans  
Niblet Corn, Vegetables with Cheese  
Refried Beans, Tostitos  
Cheese Dip, Queso Cheese  
Salad  
Cookie, Rice Krispie Treat  
Flavored Applesauce

**28**  
Baked Chicken Breast or Thigh  
Southern Roll  
Mashed Potatoes  
Baked Beans, Cole Slaw  
Niblet Corn, Steamed Carrots  
Salad  
Cookie, Rice Krispie Treat  
Fruit, Tropical Salad

**29**  
Chicken Breast Chunks  
Southern Roll  
Sweet Potato Soufflé  
Purple Hull Peas, Lima Beans  
Steamed Broccoli, Niblet Corn  
Salad  
Cookie, Rice Krispie Treat  
Sliced Apples

Juice and Assorted Milk offered daily. Menus subject to change without notice.

This institution is an equal opportunity provider.

