

PARSIPPANY CENTRAL MIDDLE SCHOOL – JUNE 2018



Daily Dish

Veggie Dish

AMERICAN GRILLE

AVAILABLE DAILY

Monday 4	Meatball Hero	Pasta w/ Marinara Sauce & String Cheese	Burger Bar – Make your own Burger with Assorted Toppings & Roll	<i>Deli Central</i> Assorted Grab & Go Sandwiches	
Tuesday 5	½ Day - No Lunch Service				PIZZA ZONE Cheese Pizza
Wednesday 6	BBQ DAY Choose from Hamburgers, Hot Dogs, Ribs, Chicken, Veggie Burgers, Sausage & Peppers, Corn on Cob, Vegetarian Baked Beans, Salad & Watermelon			AMERICAN GRILLE	Chicken Nuggets Chicken Patty on a Bun Chicken Parmesan Sandwich Cheesesteak Hero Burgers on Buns Gardenburger on a Bun
Thursday 7	Boneless Beef BBQ Rib on a Bun	Veggie & Cheese Quesadilla	“Jersey Shore” Cheesesteak Hero with Onions & Peppers NJ		<i>Daily Dish</i> Yogurt Parfait Mozzarella Sticks Grilled Cheese Sandwich
Friday 8	Spicy Chicken Patty on a Whole Grain Roll	Fresh Spinach & Mozzarella Cheese Panini	Cheeseburger on a Whole Grain Roll	FRESH FARMISTAND	Garden Salad Chicken Caesar Salad Assorted salad selections are offered with a Roll & Choice of Dressing

A complete meal includes: Entrée with Protein/Grain, a Trip to The Farm Stand, & a Choice of Milk.

Selections on The Farm Stand are included with lunch. Choose servings of fruit & vegetables from a variety of options daily.

Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines.

Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change



Look for the **NJ** logo which shows items on the menu featuring locally grown items.



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."



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Monday 11	Nachos Grande w/ Seasoned Taco Meat, Rice & Nacho Chips	Mozzarella Stuffed Breadstick	"Jersey Shore" Cheesesteak Hero with Onions & Peppers	<p>Deli Central Assorted Grab & Go Sandwiches</p> <p>Cheese Pizza</p> <p>AMERICAN GRILLE</p> <p>Chicken Nuggets Chicken Patty on a Bun Chicken Parmesan Sandwich Cheesesteak Hero Burgers on Buns Gardenburger on a Bun</p> <p>Yogurt Parfait Mozzarella Sticks Grilled Cheese Sandwich</p> <p>FRESH FARMISTAND Garden Salad Chicken Caesar Salad Assorted salad selections are offered with a Roll & Choice of Dressing</p> <p>PIZZA ZONE</p> <p>Daily Dish</p>
Tuesday 12	Meatball Parmesan Hero	Baked Ziti w/ Marinara Sauce & Mozzarella Cheese	Chicken Nuggets w/ Dinner Roll	
Wednesday 13	Cheeseburger on a Bun	Grilled Veggie & Cheese Wrap	Spicy Chicken Patty on a Bun	
Thursday 14	Sweet & Sour Chicken w/ Rice	Penne Pasta in a Lite Garlic Sauce w/ Broccoli & String Cheese	Crispy Chicken Sandwich on a Kaiser Roll	
Friday 15	Beef a Roni (Elbow Pasta w/ Ground Beef in a Marinara Sauce)	Rice, Bean & Cheese Burrito	Meatball Twister	

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Monday 18	Meatball Hero	Grilled Veggie & Cheese Wrap	Cheeseburger on a Bun	Deli Central Assorted Grab & Go Sandwiches	
Tuesday 19	½ Day Session No Lunch Served				PIZZA ZONE Cheese Pizza
Wednesday 20	ENJOY YOUR SUMMER BREAK			AMERICAN GRILLE	Chicken Nuggets Chicken Patty on a Bun Chicken Parmesan Sandwich Cheesesteak Hero Burgers on Buns Gardenburger on a Bun
Thursday 21				Daily Dish Yogurt Parfait Mozzarella Sticks Grilled Cheese Sandwich	
Friday 22				FRESH FARMISTAND	Garden Salad Chicken Caesar Salad Assorted salad selections are offered with a Roll & Choice of Dressing

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