

# PARSIPPANY MIDDLE SCHOOL – JUNE 2018



*Daily Dish*

*Veggie Dish*

**AMERICAN GRILLE**

**AVAILABLE DAILY**

<b>Monday 4</b>	Meatball Hero	Pasta w/ Marinara Sauce & String Cheese	Burger Bar - Make your own Burger with Assorted Toppings & Roll	<i>Deli Central</i> Assorted Grab & Go Sandwiches	
<b>Tuesday 5</b>	½ Day - No Lunch Service				<b>PIZZA ZONE</b> Cheese Pizza
<b>Wednesday 6</b>	Hot Open-Faced Turkey Sandwich w/ Gravy & Stuffing	Roasted Vegetable & Mozzarella Cheese Wrap	Meat & Cheese Burrito	<b>AMERICAN GRILLE</b>	Chicken Nuggets Chicken Patty on a Bun Chicken Parmesan Sandwich Cheesesteak Hero Burgers on Buns Gardenburger on a Bun
<b>Thursday 7</b>	Boneless Beef BBQ Rib on a Bun	Veggie & Cheese Quesadilla	"Jersey Shore" Cheesesteak Hero with Onions & Peppers <b>NJ</b>		<i>Daily Dish</i> Yogurt Parfait Mozzarella Sticks Grilled Cheese Sandwich
<b>Friday 8</b>	Spicy Chicken Patty on a Whole Grain Roll	Fresh Spinach & Mozzarella Cheese Panini	Cheeseburger on a Whole Grain Roll	<b>FRESH FARMISTAND</b>	Garden Salad Chicken Caesar Salad <b>Assorted salad selections are offered with a Roll &amp; Choice of Dressing</b>

A complete meal includes: Entrée with Protein/Grain, a Trip to The Farm Stand, & a Choice of Milk.

Selections on The Farm Stand are included with lunch. Choose servings of fruit & vegetables from a variety of options daily.

Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines.

Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com). Menu Subject to Change



Look for the **NJ** logo which shows items on the menu featuring locally grown items.



**At least 50% of All Grains served w/ your meal are Whole Grain Rich**

"This institution is an equal opportunity provider."



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<b>Monday 11</b>	Nachos Grande w/ Seasoned Taco Meat, Rice & Nacho Chips	Mozzarella Stuffed Breadstick	"Jersey Shore" Cheesesteak Hero with Onions & Peppers	<p><b>Deli Central</b> Assorted Grab &amp; Go Sandwiches</p> <p>Cheese Pizza</p> <p><b>AMERICAN GRILLE</b></p> <p>Chicken Nuggets Chicken Patty on a Bun Chicken Parmesan Sandwich Cheesesteak Hero Burgers on Buns Gardenburger on a Bun</p> <p>Yogurt Parfait Mozzarella Sticks Grilled Cheese Sandwich</p> <p><b>FRESH FARMSTAND</b> Garden Salad Chicken Caesar Salad Assorted salad selections are offered with a Roll &amp; Choice of Dressing</p> <p><b>PIZZA ZONE</b></p> <p><b>Daily Dish</b></p>
<b>Tuesday 12</b>	Meatball Parmesan Hero	Baked Ziti w/ Marinara Sauce & Mozzarella Cheese	Chicken Nuggets w/ a Dinner Roll	
<b>Wednesday 13</b>	Cheeseburger on a Bun	Grilled Veggie & Cheese Wrap	Spicy Chicken Patty on Bun	
<b>Thursday 14</b>	Sweet & Sour Chicken w/ Rice	Penne Pasta in a Lite Garlic Sauce w/ Broccoli & String Cheese	Crispy Chicken Sandwich on a Kaiser Roll	
<b>Friday 15</b>	Beef a Roni (Elbow Pasta w/ Ground Beef in a Marinara Sauce)	Rice, Bean & Cheese Burrito	Meatball Twister	

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<p><b>Monday 18</b></p>	<p>Meatball Hero</p>	<p>Grilled Veggie &amp; Cheese Wrap</p>	<p>Cheeseburger on a Bun</p>	<p><b>Deli Central</b> Assorted Grab &amp; Go Sandwiches</p> <p>Cheese Pizza</p> <p><b>AMERICAN GRILLE</b></p> <p>Chicken Nuggets Chicken Patty on a Bun Chicken Parmesan Sandwich Cheesesteak Hero Burgers on Buns Gardenburger on a Bun</p> <p>Yogurt Parfait Mozzarella Sticks Grilled Cheese Sandwich</p> <p><b>FRESH FARMISTAND</b> Garden Salad Chicken Caesar Salad Assorted <i>salad selections</i> are offered with a Roll &amp; Choice of Dressing</p> <p><b>PIZZA ZONE</b></p> <p><i>Daily Dish</i></p>
<p><b>Tuesday 19</b></p>	<p>½ Day - No Lunch Service</p>			
<p><b>Wednesday 20</b></p>	<p>ENJOY <b>SUMMER BREAK</b></p>		<p>YOUR</p>	
<p><b>Thursday 21</b></p>				
<p><b>Friday 22</b></p>				

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