

March 2020

Highlands

MONDAY

2
Oatmeal*
Toast with Cinnamon*
Poptart*
Cereal*
Apple
Orange Juice
Milk

TUESDAY

3
Pumpkin Bread*
Poptart*
Cereal*
Orange
Apple Juice
Milk

WEDNESDAY

4
Sausage Biscuit*
Poptart*
Cereal*
Banana
Grape Juice
Milk

THURSDAY

5
Powdered Donuts*
Poptart*
Cereal*
Fresh Fruit
Orange Juice
Milk

FRIDAY

6
Biscuit N Gravy*
Poptart*
Cereal*
Orange
Apple Juice
Milk

9

No School

10

Blueberry Muffin*
Poptart*
Cereal*
Orange
Apple Juice
Milk

11

Chicken Biscuit*
Poptart*
Cereal*
Banana
Grape Juice
Milk

12

French Toast Sticks*
Poptart*
Cereal*
Fresh Fruit
Orange Juice
Milk

13

Biscuit N Gravy*
Poptart*
Cereal*
Orange
Apple Juice
Milk

16

Piggie Stick*
Poptart*
Cereal*
Apple
Orange Juice
Milk

17

Scrambled Eggs
Whole Wheat Toast*
Poptart*
Cereal*
Orange
Apple Juice
Milk

18

Sausage Biscuit*
Poptart*
Cereal*
Banana
Grape Juice
Milk

19

Homemade Cinnamon
Roll
Poptart*
Cereal*
Fresh Fruit
Orange Juice
Milk

20

Biscuit N Gravy*
Poptart*
Cereal*
Orange
Apple Juice
Milk

23

Oatmeal*
Toast with Cinnamon*
Poptart*
Cereal*
Apple
Orange Juice
Milk

24

Pumpkin Bread*
Poptart*
Cereal*
Orange
Apple Juice
Milk

25

Sausage Biscuit*
Poptart*
Cereal*
Banana
Grape Juice
Milk

26

Powdered Donuts*
Poptart*
Cereal*
Fresh Fruit
Orange Juice
Milk

27

No School

30

Breakfast Pizza*
Poptart*
Cereal*
Apple
Orange Juice
Milk

31

Blueberry Muffin*
Poptart*
Cereal*
Orange
Apple Juice
Milk

DID YOU KNOW?

The word 'March' comes from the Roman 'Martius'. This was originally the first month of the Roman calendar and was named after Mars, the god of war. March was the beginning of our calendar year.

Milk Choices:
Skim, 1% LowFat
Skim Chocolate,
Vanilla, or
strawberry
Meal Prices:
Breakfast is FREE to
ALL
students.
Reduced: \$0.40
Paid:
(K-4): \$2.65
(5-8): \$2.85
(9-12): \$2.95
USDA REGULATION
Students must take
1/2 cup
fruit or Vegetable
with
Breakfast and Lunch
*Notes items that are
whole
grain or that contain
whole
grain.
This institution is an
equal Opportunity
provider.