

March 2020

Highlands

MONDAY

2
 Hamburger/ Cheese
 Burger*
 Hotdog*
 Baked Beans
 Herb Roasted Potatoes
 Mixed Berry Cups
 Milk Variety

TUESDAY

3
 Popcorn Chicken *
 W.G. Roll*
 Salisbury Steak w/ Gravy
 Sweet Potatoes Chunks
 Broccoli w/ Cheese
 Strawberry Cups
 Milk Variety

WEDNESDAY

4
 BBQ Sandwich*
 Turkey & Cheese Sub
 Green Beans
 Coleslaw
 Gold Rush Juice
 Fresh Fruit
 Milk Variety

THURSDAY

5
 Pizza Sticks w/ Marinara
 Sauce
 Spagetti w/ Garlic Bread
 Stick *
 Caesar Salad
 Whole Kernel Corn
 Pear Halves
 Milk Variety

FRIDAY

6
 Chicken Filet (Org/ Spicy)*
 Sloppy Joe*
 Pea & Carrots
 Potato Wedges
 Mixed Fruit
 Milk Variety

9

No School

10

Popcorn Chicken *
 W.G. Roll*
 Pork Tacos*
 Black Beans
 Whole Kernel Corn
 Salsa
 Peaches
 Milk Variety

11

BBQ Sandwich*
 Corndog*
 Roasted Broccoli
 Sweet Potato Fries
 Fruit Crisp
 Milk Variety

12

Pizza Sticks w/ Marinara
 Sauce
 Meatball Subs*
 Garden Salad
 Glazed Carrots
 Fresh Fruit
 Milk Variety

13

Chicken Filet (Org/ Spicy)*
 Grilled Chicken Club*
 Crinkle Cut Fries
 Baked Beans
 Pears
 Milk Variety

16

Hamburger/ Cheese
 Burger*
 Rib-B-Que *
 French Fries
 Green Beans
 Peaches
 Milk Variety

17

Popcorn Chicken *
 W.G. Roll*
 Street Nachos*
 Refried Beans
 Whole Kernel Corn
 Salsa
 Mix Berry Cups
 Milk Variety

18

BBQ Sandwich*
 Mac & Cheese
 Corn Bread Muffins*
 Pinto Beans
 Sauteed Cabbage
 Fruited Gelatin
 Milk Variety

19

Pizza Sticks w/ Marinara
 Sauce
 Pizza (Chz/ Pep)
 Caesar Salad
 Roasted Carrots
 Spiced Apples
 Milk Variety

20

Chicken Filet (Org/
 Spicy)*
 Hot Ham & Cheese*
 Veggie Dippers
 Sweet Potato Tots
 Strawberry Applesauce
 Milk Variety

23

Hamburger/ Cheese
 Burger*
 Hotdog*
 Baked Beans
 Herb Roasted Potatoes
 Mixed Berry Cups
 Milk Variety

24

Popcorn Chicken *
 W.G. Roll*
 Salisbury Steak w/ Gravy
 Sweet Potatoes Chunks
 Broccoli w/ Cheese
 Strawberry Cups
 Milk Variety

25

BBQ Sandwich*
 Turkey & Cheese Sub
 Green Beans
 Coleslaw
 Gold Rush Juice
 Fresh Fruit
 Milk Variety

26

Pizza Sticks w/ Marinara
 Spagetti w/ Garlic Bread
 Stick *
 Caesar Salad
 Whole Kernel Corn
 Pear Halves
 Milk Variety

27

No School

30

Hamburger/ Cheese
 Burger*
 French Bread Pizza*
 Green Bean
 Tomato Dippers w/ Ranch
 Applesauce
 Milk Variety

31

Popcorn chicken*
 W.G. Roll*
 Pork Tacos*
 Black Beans
 Whole Kernel Corn
 Salsa
 Peaches
 Milk Variety

DID YOU KNOW?

The word 'March' comes from the Roman 'Martius'. This was originally the first month of the Roman calendar and was named after Mars, the god of war. March was the beginning of our calendar year.

Additional Meal Choices:

Chef Salad
 PB&J

Munchable

Milk Choices:

Skim, 1% LowFat
 Skim Chocolate,
 Vanilla, or
 strawberry

Meal Prices:

Breakfast is FREE
 to

ALL
 students.

Reduced: \$0.40
 Paid:

(K-4): \$2.65

(5-8): \$2.85

(9-12): \$2.95

USDA

REGULATION

Students must
 take

1/2 cup
 fruit or Vegetable
 with

Breakfast and
 Lunch

*Notes items that
 are Whole Grain