

March 2020

FHS, Highlands, MMS, MVI, Nantahala

MONDAY

2
Hamburger/ Cheese
Burger*
Hotdog*
Baked Beans
Herb Roasted Potatoes
Mixed Berry Cups
Milk Variety

9
Hamburger/ Cheese
Burger*
French Bread Pizza*
Green Bean
Tomato Dippers w/ Ranch
Applesauce
Milk Variety

16
Hamburger/ Cheese
Burger*
Rib-B-Que *
French Fries
Green Beans
Peaches
Milk Variety

23
Hamburger/ Cheese
Burger*
Hotdog*
Baked Beans
Herb Roasted Potatoes
Mixed Berry Cups
Milk Variety

30
Hamburger/ Cheese
Burger*
French Bread Pizza*
Green Bean
Tomato Dippers w/ Ranch
Applesauce
Milk Variety

TUESDAY

3
Popcorn Chicken *
W.G. Roll*
Salisbury Steak w/ Gravy
Sweet Potatoes Chunks
Broccoli w/ Cheese
Strawberry Cups
Milk Variety

10
Popcorn Chicken *
W.G. Roll*
Pork Tacos*
Black Beans
Whole Kernel Corn
Salsa
Peaches
Milk Variety

17
Popcorn Chicken *
W.G. Roll*
Street Nachos*
Refried Beans
Whole Kernel Corn
Salsa
Mix Berry Cups
Milk Variety

24
Popcorn Chicken *
W.G. Roll*
Salisbury Steak w/ Gravy
Sweet Potatoes Chunks
Broccoli w/ Cheese
Strawberry Cups
Milk Variety

31
Popcorn chicken*
W.G. Roll*
Pork Tacos*
Black Beans
Whole Kernel Corn
Salsa
Peaches
Milk Variety

WEDNESDAY

4
BBQ Sandwich*
Turkey & Cheese Sub
Green Beans
Coleslaw
Gold Rush Juice
Fresh Fruit
Milk Variety

11
BBQ Sandwich*
Corndog*
Roasted Broccoli
Sweet Potato Fries
Fruit Crisp
Milk Variety

18
BBQ Sandwich*
Mac & Cheese
Corn Bread Muffins*
Pinto Beans
Sauteed Cabbage
Fruited Gelatin
Milk Variety

25
BBQ Sandwich*
Turkey & Cheese Sub
Green Beans
Coleslaw
Gold Rush Juice
Fresh Fruit
Milk Variety

THURSDAY

5
Pizza Sticks w/ Marinara
Sauce
Spagetti w/ Garlic Bread
Stick *
Caesar Salad
Whole Kernel Corn
Pear Halves
Milk Variety

12
Pizza Sticks w/ Marinara
Sauce
Meatball Subs*
Garden Salad
Glazed Carrots
Fresh Fruit
Milk Variety

19
Pizza Sticks w/ Marinara
Sauce
Pizza (Chz/ Pep)
Caesar Salad
Roasted Carrots
Spiced Apples
Milk Variety

26
Pizza Sticks w/ Marinara
Spagetti w/ Garlic Bread
Stick *
Caesar Salad
Whole Kernel Corn
Pear Halves
Milk Variety

FRIDAY

6
Chicken Filet (Org/ Spicy)*
Sloppy Joe*
Pea & Carrots
Potato Wedges
Mixed Fruit
Milk Variety

13
No School

20
Chicken Filet (Org/
Spicy)*
Hot Ham & Cheese*
Veggie Dippers
Sweet Potato Tots
Strawberry Applesauce
Milk variety

27
Chicken Filet (Org/
Spicy)*
Sloppy Joe*
Pea & Carrots
Potato Wedges
Mixed Fruit
Milk Variety

Additional Meal Choices:
Chef Salad
PB&J
Munchable
Milk Choices:
Skim, 1% LowFat
Skim Chocolate,
Vanilla, or
strawberry
Meal Prices:
Breakfast is FREE
to
ALL
students.
Reduced: \$0.40
Paid:
(K-4): \$2.65
(5-8): \$2.85
(9-12): \$2.95
USDA
REGULATION
Students must
take
1/2 cup
fruit or Vegetable
with
Breakfast and
Lunch
*Notes items that
are Whole Grain

DID YOU KNOW?

The word 'March' comes from the Roman 'Martius'. This was originally the first month of the Roman calendar and was named after Mars, the god of war. March was the beginning of our calendar year.