

# March 2020

## Iotla Valley

### MONDAY

Blueberry Pancakes\* **2**  
Poptart\*  
Cereal\*  
Apple  
Grape Juice  
Milk

Blueberry Muffin\* **9**  
Poptart\*  
Cereal\*  
Raisins  
Apple Juice  
Milk

Blueberry Pancakes\* **16**  
Poptart\*  
Cereal\*  
Apple  
Grape Juice  
Milk

Blueberry Muffin\* **23**  
Poptart\*  
Cereal\*  
Raisins  
Apple Juice  
Milk

Blueberry Pancakes\* **30**  
Poptart\*  
Cereal\*  
Apple  
Grape Juice  
Milk

### TUESDAY

Muffin\* **3**  
Poptart\*  
Cereal\*  
Raisins  
Apple Juice  
Milk

Breakfast Pizza\* **10**  
Poptart\*  
Cereal\*  
Apple  
Orange Juice  
Milk

Muffin\* **17**  
Poptart\*  
Cereal\*  
Raisins  
Apple Juice  
Milk

Breakfast Pizza\* **24**  
Poptart\*  
Cereal\*  
Apple  
Orange Juice  
Milk

Muffin\* **31**  
Poptart\*  
Cereal\*  
Raisins  
Apple Juice  
Milk

### WEDNESDAY

Sausage Biscuit\* **4**  
Poptart\*  
Cereal\*  
Banana  
Orange Juice  
Milk

Chicken Biscuit\* **11**  
Poptart\*  
Cereal\*  
Banana  
Grape Juice  
Milk

Sausage Biscuit\* **18**  
Poptart\*  
Cereal\*  
Banana  
Orange Juice  
Milk

Chicken Biscuit\* **25**  
Poptart\*  
Cereal\*  
Banana  
Grape Juice  
Milk

### THURSDAY

Homemade Cinnamon **5**  
Roll\*  
Poptart\*  
Cereal\*  
Fresh Fruit  
Grape Juice  
Milk

Strudel\* **12**  
Poptart\*  
Cereal\*  
Fresh Fruit  
Apple Juice  
Milk

Homemade Cinnamon **19**  
Roll\*  
Poptart\*  
Cereal\*  
Fresh Fruit  
Grape Juice  
Milk

Strudel\* **26**  
Poptart\*  
Cereal\*  
Fresh Fruit  
Apple Juice  
Milk

### FRIDAY

Powdered Doughnuts\* **6**  
Poptart\*  
Cereal\*  
Apple  
Fruit Punch Juice  
Milk

**13**  
No School

Powdered Doughnuts\* **20**  
Poptart\*  
Cereal\*  
Apple  
Fruit Punch Juice  
Milk

Biscuit N Gravy\* **27**  
Poptart\*  
Cereal\*  
Orange  
Fruit Punch Juice  
Milk

### DID YOU KNOW?

The word 'March' comes from the Roman 'Martius'. This was originally the first month of the Roman calendar and was named after Mars, the god of war. March was the beginning of our calendar year.

Milk Choices:  
Skim, 1% LowFat  
Skim Chocolate,  
Vanilla, or  
Strawberry  
Meal Prices:  
Breakfast is FREE to  
ALL  
students.  
Reduced: \$0.40  
Paid:  
(K-4): \$2.65  
(5-8): \$2.85  
(9-12): \$2.95  
USDA REGULATION  
Students must take  
1/2 cup  
fruit or Vegetable  
with  
Breakfast and Lunch  
\*Notes items that are  
whole  
grain or that contain  
whole  
grain.  
This institution is an  
equal  
Opportunity Provider