

March 2020

Elementary, Highlands, Nantahala, Union

MONDAY

2
Oatmeal*
Toast with Cinnamon*
Poptart*
Cereal*
Apple
Orange Juice
Milk

9
Breakfast Pizza*
Poptart*
Cereal*
Apple
Orange Juice
Milk

16
Piggle Stick*
Poptart*
Cereal*
Apple
Orange Juice
Milk

23
Oatmeal*
Toast with Cinnamon*
Poptart*
Cereal*
Apple
Orange Juice
Milk

30
Breakfast Pizza*
Poptart*
Cereal*
Apple
Orange Juice
Milk

TUESDAY

3
Pumpkin Bread*
Poptart*
Cereal*
Orange
Apple Juice
Milk

10
Blueberry Muffin*
Poptart*
Cereal*
Orange
Apple Juice
Milk

17
Scrambled Eggs
Whole Wheat Toast*
Poptart*
Cereal*
Orange
Apple Juice
Milk

24
Pumpkin Bread*
Poptart*
Cereal*
Orange
Apple Juice
Milk

31
Blueberry Muffin*
Poptart*
Cereal*
Orange
Apple Juice
Milk

WEDNESDAY

4
Sausage Biscuit*
Poptart*
Cereal*
Banana
Grape Juice
Milk

11
Chicken Biscuit*
Poptart*
Cereal*
Banana
Grape Juice
Milk

18
Sausage Biscuit*
Poptart*
Cereal*
Banana
Grape Juice
Milk

25
Sausage Biscuit*
Poptart*
Cereal*
Banana
Grape Juice
Milk

THURSDAY

5
Powdered Donuts*
Poptart*
Cereal*
Fresh Fruit
Orange Juice
Milk

12
French Toast Sticks*
Poptart*
Cereal*
Fresh Fruit
Orange Juice
Milk

19
Homemade Cinnamon
Roll
Poptart*
Cereal*
Fresh Fruit
Orange Juice
Milk

26
Powdered Donuts*
Poptart*
Cereal*
Fresh Fruit
Orange Juice
Milk

FRIDAY

6
Biscuit N Gravy*
Poptart*
Cereal*
Orange
Apple Juice
Milk

13
No School

20
Biscuit N Gravy*
Poptart*
Cereal*
Orange
Apple Juice
Milk

27
Biscuit N Gravy*
Poptart*
Cereal*
Orange
Apple Juice
Milk

Milk Choices:
Skim, 1% LowFat
Skim Chocolate,
Vanilla, or
strawberry
Meal Prices:
Breakfast is FREE to
ALL
students.
Reduced: \$0.40
Paid:
(K-4): \$2.65
(5-8): \$2.85
(9-12): \$2.95
USDA REGULATION
Students must take
1/2 cup
fruit or Vegetable
with
Breakfast and Lunch
*Notes items that are
whole
grain or that contain
whole
grain.
This institution is an
equal
Opportunity
provider.

DID YOU KNOW?

The word 'March' comes from the Roman 'Martius'. This was originally the first month of the Roman calendar and was named after Mars, the god of war. March was the beginning of our calendar year.