

December 2019

Secondary- FHS, Highlands, MVI, MMS, Nantahla

Monday	Tuesday	Wednesday	Thursday	Friday
2 BBQ Sandwiches* Hotdogs* Potato Wedges Cole Slaw Fruit Explosion Fruit Variety Milk Variety	3 Chicken Club Sandwich* Pizza Sticks* Crinkled Cut Fries Carrot Dippers Applesauce Fruit Variety Milk Variety	4 Pork Burrito Bowl w/ Chips* Salsa, Lettuce, Sour Cream Black Beans Whole Kernel Corn Diced Pears Fruit Variety Milk Variety	5 Grilled Cheese* Rib-E-Que* Tomato Soup Cheesy Broccoli Sliced Peaches Fruit Variety Milk Variety	6 Chicken Tenders* W.G. Roll* Side Salad Sweet Potato Puffs Blueberry Crisp Fruit Variety Milk Variety
9 Corndogs* Hamburger/ Chz Burger* Tater Tots Baked Beans Strawberry Applesauce Fruit Variety Milk Variety	10 Sloppy Joe* Sweet Tai Chicken W.G. Roll* Green Beans Lime and chili Sweet Corn Pineapple Tidbits Fruit Variety Milk Variety	11 Marinated Pork Tacos* Lime Slaw Crunchy Sweet Potato Rosy Pears Fruit Variety Milk Variety	12 Homemade Chili Cheese Rolls* Roasted Parmesan Broccoli Gold Rush Juice Mixed Fruit Cocktail Fruit Variety Milk Variety	13 Pizza* (Pep/Chz) Carrot Dippers Green Beans Fruit Crisp Fruit Variety Milk Variety
16 Chic Filet* (Spicy/Org.) L,T,O,P Sweet Potato Fries Baked Beans Pineapple Tidbits Fruit Variety Milk Variety	17 Zesty Beef Nachos* Pizza Quesadilla* Salsa, Sour Cream, Jalapenos Cheesy Refried Beans Whole Kernel Corn Mandarin Oranges Fruit Variety Milk Variety	18 Roasted Turkey W/G Dinner Roll* Corn Bread Stuffing* Green Beans Cranberry Sauce Sweet Potato Souffle Fruit Fluff Fruit Variety Milk Variety	19 Managers Choice	20 Managers Choice
23 No School	24 No School	25 No School	26 No School	27 No School
30 No School	31 No School	Did You Know? The first day of Winter is on either December 21 or 22. This is the shortest day of the year and the longest night. It is called the Winter or Southern solstice in the Northern Hemisphere.		

Additional Meal

Choices:

Chef Salad

PB&J

Munchable

Milk Choices:

Skim, 1% LowFat

Skim Chocolate,

Vanilla, or strawberry

Meal Prices:

Breakfast is FREE to ALL

students.

Reduced: \$0.40

Paid:

(K-4): \$2.65

(5-8): \$2.85

(9-12): \$2.95

USDA REGULATION

Students must take 1/2 cup

fruit or Vegetable with

Breakfast and Lunch

*Notes items that are whole

Whole Grain