



Macon County Schools - Elementary, Highlands, Nan. Union Breakfast

# AUGUST & SEPTEMBER 2019 MENU



Monday	Tuesday	Wednesday	Thursday	Friday
AUGUST 26 Oatmeal* Toast with Cinnamon* Poptart* Cereal* Apple Orange Juice Milk	AUGUST 27 Pumpkin Bread* Poptart* Cereal* Orange Apple Juice Milk	AUGUST 28 Sausage Biscuit* Poptart* Cereal* Banana Grape Juice Milk	AUGUST 29 Powdered Donuts* Poptart* Cereal* Fresh Fruit Orange Juice Milk	AUGUST 30 Biscuit N Gravy* Poptart* Cereal* Orange Apple Juice Milk
SEPTEMBER 2  HOLIDAY	SEPTEMBER 3 Blueberry Muffin* Poptart* Cereal* Orange Apple Juice Milk	SEPTEMBER 4 Chicken Biscuit* Poptart* Cereal* Banana Grape Juice Milk	SEPTEMBER 5 French Toast Sticks* Syrup Poptart* Cereal* Fresh Fruit Orange Juice Milk	SEPTEMBER 6 Biscuit N Gravy* Poptart* Cereal* Orange Apple Juice Milk
SEPTEMBER 9 Breakfast Pizza* Poptart* Cereal* Apple Orange Juice Milk	SEPTEMBER 10 Blueberry Muffin * Poptart* Cereal* Orange Apple Juice Milk	SEPTEMBER 11 Chicken Biscuit* Poptart* Cereal* Banana Grape Juice Milk	SEPTEMBER 12 French Toast Sticks* Syrup Poptart* Cereal* Fresh Fruit Orange Juice Milk	SEPTEMBER 13 Biscuit N Gravy* Poptart* Cereal* Orange Apple Juice Milk
SEPTEMBER 16 Piggle Stick* Poptart* Cereal* Apple Orange Juice Milk	SEPTEMBER 17 Scrambled Eggs Whole Wheat Toast* Poptart* Cereal* Orange Apple Juice Milk	SEPTEMBER 18 Sausage Biscuit* Poptart* Cereal* Banana Grape Juice Milk	SEPTEMBER 19 Cinnamon Coffee Bread* Syrup Poptart* Cereal* Fresh Fruit Orange Juice Milk	SEPTEMBER 20 Biscuit N Gravy* Poptart* Cereal* Orange Apple Juice Milk
SEPTEMBER 23 Oatmeal* Toast with Cinnamon* Poptart* Cereal* Apple Orange Juice Milk	SEPTEMBER 24 Pumpkin Bread* Poptart* Cereal* Orange Apple Juice Milk	SEPTEMBER 25 Sausage Biscuit* Poptart* Cereal* Banana Grape Juice Milk	SEPTEMBER 26 Powdered Donuts* Poptart* Cereal* Fresh Fruit Orange Juice Milk	SEPTEMBER 27 Biscuit N Gravy* Poptart* Cereal* Orange Apple Juice Milk



Milk Choices:  
Skim, 1% LowFat  
Skim Chocolate,  
Vanilla, or strawberry

Meal Prices:  
Breakfast is FREE to ALL  
students.  
Reduced: \$0.40  
Paid:  
(K-4): \$2.65  
(5-8): \$2.85  
(9-12): \$2.95

USDA REGULATION  
Students must take 1/2 cup  
fruit or Vegetable with  
Breakfast and Lunch  
\*Notes items that are whole  
grain or that contain whole  
grain.  
This institution is an equal  
opportunity provider.