

February 2018: EHS MEC MMS Nantahala Highlands

Additional Meal

Choices:
 Chef Salad
 PB&J
 Munchable

Milk Choices:

Skim, 1% Low-Fat
 Skim Chocolate,
 Vanilla, or strawberry

Meal Prices:

Breakfast is FREE to ALL students.
 Reduced: \$0.40
 Paid:
 (K-4): \$2.55
 (5-8): \$2.75
 (9-12): \$2.85



**five two one
 almost none**

This institution is an equal opportunity provider.
 Menu subject to change.

			Thursday Feb 1	Friday Feb 2
			Salisbury Steak with Gravy Chicken Nuggets* Mashed Potatoes & Gravy Glazed Carrots Applesauce Homemade Hot Roll* Fruit Variety Milk Variety	Pizza (Pep/Cheese)* Cesar Side Salad Whole Kernel Corn Sliced Peaches Fruit Variety Milk Variety
Monday Feb 5	Tuesday Feb 6	Wednesday Feb 7	Thursday Feb 8	Friday Feb 9
BBQ Sandwich* W/G Corndog* Cole Slaw Baked Beans Potato wedges Italian Ice Fruit Variety Milk Variety	Chicken Fried Rice w/ Egg Roll* Pizza Sticks w/ Marinara* Green Beans Roasted Carrots Pineapple Tidbits Fruit Variety Milk Variety	Baked Ziti* Italian sub* Side Salad Garlic Bread* Broccoli Dippers Fruit Gelatin Fruit Variety Milk Variety	Chili With W.G. Roll* Rib-E-Que* Baked Sweet Potato Cucumber Dippers Strawberry Applesauce Fruit Variety Milk Variety	Chicken Filet* (Spicy/Original) Lettuce, Tomato, Pickle Tater Tots Carrot Dippers Fruit cocktail Fruit Variety Milk Variety
Monday Feb 12	Tuesday Feb 13	Wednesday Feb 14	Thursday Feb 15	Friday Feb 16
Popcorn Chicken w/ Breadstck* Dipping Sauces Meatball sub* Cheesy Broccoli Sweet Potato Chunks Blueberry Crisp Fruit Variety Milk Variety	Brunch For Lunch Scrambled Eggs Sausage/Chicken Patty Biscuit Gravy Hashbrowns Carrot Dippers Hot Cinnamon Applesauce Fruit Variety Milk Variety	BBQ Chicken Mac & Cheese Pinto Beans Corn Muffins* Sautéed Cabbage Rosy Pears Fruit Variety Milk Variety	Tomato Soup w/ Deli Sub* or Grilled Cheese* Veggie Dippers Steam Peas Fruit Salad Fruit Variety Milk Variety	Buffalo chicken Flatbread* French Bread Pizza* Crinkled Fries Side Salad Pineapple Tidbits Fruit Variety Milk Variety
Monday Feb 19	Tuesday Feb 20	Wednesday Feb 21	Thursday Feb 22	Friday Feb 23
Hamburger/Cheeseburger* Lettuce, Tomato, Pickle Sweet Potato Puffs Green Beans Fruit Salad Fruit Variety Milk Variety	Zesty Beef Nachos* Pizza Quesadilla Salsa, Sour Cream, Jalapeno Refried Beans Steam Broccoli Diced Pears Fruit Variety Milk Variety	Hotdog* (With or W/Out Chili) Deli Sub* Crinkled Fries Steamed Peas Grape Tomato Dippers Fruit Cocktail Fruit Variety Milk Variety	Salisbury Steak with Gravy Chicken Nuggets* Mashed Potatoes & Gravy Glazed Carrots Applesauce Homemade Hot Roll* Fruit Variety Milk Variety	Pizza (Pep/Cheese)* Cesar Side Salad Whole Kernel Corn Sliced Peaches Fruit Variety Milk Variety
Monday Feb 26	Tuesday Feb 27	Wednesday Feb 28		
BBQ Sandwich* W/G Corndog* Cole Slaw Baked Beans Potato wedges Italian Ice Fruit Variety Milk Variety	Chicken Fried Rice w/ Egg Roll* Pizza Sticks w/ Marinara* Green Beans Roasted Carrots Pineapple Tidbits Fruit Variety Milk Variety	Baked Ziti* Italian sub* Side Salad Garlic Bread* Broccoli Dippers Fruit Gelatin Fruit Variety Milk Variety		