

# September 2021

## Menu Legend

✓ = Vegetarian Option    GF = Gluten Free Option    🐷 = Item Contains

MENU SUBJECT TO CHANGE

Meatless Monday	Tasty Tuesday	Wonderful Wednesday	Thankful Thursday	Fabulous Friday	Daily Produce
Nachos ✓ GF	Chicken Nuggets & Wheat Crackers	Combo Burrito (bean, beef, & cheese) 1	Cheese Pizza ✓ 2	Mac & Cheese ✓ 3	<i>All produce is pre-packaged in individual portions</i> Baby Carrots Celery Sticks Edamame Jicama Sticks Rotating Broccoli Apple Slices Grapes Frozen Fruit Cup (flavors vary) Craisins Applesauce Cup
LABOR DAY 6	Cheesy Pizza Dippers ✓ 7	B.Y.O. Turkey Pepperoni Pizza Lunchable Kit 8	Combo Burrito (bean, beef, & cheese) 9	All American Burger 10	
Quesadilla ✓ 13	Chicken Nuggets & Wheat Crackers 14	Turkey & Cheese Lunchable Kit 15	Orange Chicken & Rice Bowl 16	STAFF DAY 17	
Mozzarella Sticks w/ a Marinara Cup ✓ 20	Turkey Ham & Cheese Croissant w/ a Chocolate Chip Cookie 21	Beef Meximelt 22	Pepperoni Pizza 🐷 23	Mac & Cheese w/ a Roll ✓ 24	
Cheesy Pull Apart ✓ 27	Chicken Nuggets & Wheat Crackers 28	Cheeseburger Sliders 29	Rotini Pasta w/ Meat Sauce & Roll 30	B.Y.O. Cheese Pizza Lunchable Kit ✓ 1	

This School Year All Students Eat Free!

We are asking that all eligible families complete an online application. Completing an application not only helps our District's Budget but, may also help provide before and after school academic & enrichment programs, fee waivers for college applications and AP tests, and resources for classrooms, teachers, and children!

visit our website: [www.temeculafreshfood.com](http://www.temeculafreshfood.com) and look for the Rocket scan image to get started



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# SEPTEMBER 2021



## Breakfast

Breakfast is served at our District's Title I schools: Pauba Valley, Susan LaVorgna, Nicolas Valley, Red Hawk, Temecula, Vail, and Rancho Elementary Schools.

## Menu

Breakfast includes 1 entree, fruit (choices vary depending on availability), juice, and 1% white milk or non-fat chocolate milk

### Monday—Friday

Sausage & Cheese Biscuit

OR

Cinnamon Toasters Cereal & String Cheese

### Friday Additional Entrée Choice

Cinnamon Roll

**FREE for students**

**\$2.00 (for adults)**

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## Why Complete a Meal Application?

Completing an application not only helps our District's Budget but, may also help provide before and after school academic & enrichment programs, fee waivers for college applications and AP tests, and resources for classrooms, teachers, and children! Visit our website: [WWW.TEMECULAFRESHFOOD.COM](http://WWW.TEMECULAFRESHFOOD.COM) and click on the Rocket scan image to get started

## It's more than a meal application.

Filling out the School Meal Application may help provide:



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