

7-Day Meal Kit Menu

Breakfast

1. UBR
2. Benefit Bar (banana)
3. Benefit Bar (oatmeal choc)
4. Cereal & String Cheese
5. Blueberry Muffin
6. Cinnamon Roll
7. Bagel & Cream Cheese

Lunch

1. Turkey Ham & Cheese Croissant
2. Cheese Pizza Lunch Kit
3. Chicken, Turkey Ham & Two Cheese Sandwich
4. Turkey Pepperoni Pizza Lunch Kit
5. Turkey & Cheese Lunchable
6. Wowbutter (*soy*) & Jelly Sandwich
7. Turkey & Cheese French Roll

Produce

Fruits

1. Craisins
2. Applesauce Cup
3. Frozen Fruit Cup (MB or Peach)
4. Pears (must cup)
5. Blueberries (must cup)
6. Orange (whole)
7. Raisins

Vegetables

1. Baby Carrots (x2)
2. IW Edamame (x2)
3. Corn (x2)
4. IW Celery

Beverages

8oz White (x4)

8oz Choc (x3)

Juice 4 oz commodity OJ (x7)