

# AUGUST 2020



Meatless Monday	Tasty Tuesday	Wonderful Wednesday	Thankful Thursday	Fabulous Friday	Rotating Produce
<b>Lunch includes</b> 1 entrée, fruit, vegetable, and 1% white milk or non-fat chocolate milk <b>MENU SUBJECT TO CHANGE</b>		<b>Offering Grab N Go Meals.</b> Be sure to check out our website for program news and updates <a href="http://www.temeculafreshfood.com">www.temeculafreshfood.com</a>			All produce is pre-packaged in individual portions
Cheesy Pull Apart ✓ 17	Chicken Nuggets & Wheat Crackers 18	Cheeseburger Sliders 19	Rotini Pasta w/ Meat Sauce & Roll 20	B.Y.O. Cheese Pizza Lunchable Kit 21	Broccoli/Baby Carrots Celery Sticks Edamame Jicama Sticks
Bean & Cheese Burrito ✓ 24	Ham & Cheese Wrap w/ a Chocolate Chip Cookie 25	Jumbo Chicken Corn Dog 26	Teriyaki Chicken Rice Bowl 27	Cheese Pizza ✓ 28	Apple Slices Grapes Frozen Fruit Cup (Peach or Strawberry—flavors vary) Craisins Applesauce Cup
Nachos ✓ GF 31	Student Price: \$3.00 Adult Price: \$3.50			<b>Menu Legend</b> ✓ = Vegetarian Option GF = Gluten Free 🐷 = Item contains Pork	

APPLY FOR THE NATIONAL SCHOOL LUNCH PROGRAM TODAY!

visit our website: [www.temeculafreshfood.com](http://www.temeculafreshfood.com)  
 and look for the Rocket scan image  
 to get started



**IMPORTANT**

## FRIENDLY REMINDER

Previous eligibility from the 2019-2020 school year **expires on September 29th**. Please be sure to complete your **NEW** 2020-2021 application. Apply online at, <http://temeculafreshfood.com/>.

This institution is an equal opportunity provider.

# AUGUST



## Breakfast

Breakfast will be offered to all students during online learning.

**MENU SUBJECT TO CHANGE**

## Menu

Breakfast includes 1 entree, fruit, and 1% white milk or non-fat chocolate milk. **MENU SUBJECT TO CHANGE**

**Monday:** Sausage & Cheese Biscuit

**Tuesday:** Cinnamon Toasters Cereal & String Cheese

**Wednesday:** Sausage & Cheese Biscuit

**Thursday:** Cinnamon Toasters Cereal & String Cheese

**Friday:** Cinnamon Roll

**Cost: \$1.50 (for students)  
\$2.00 (for adults)**

## Grab N Go Meals

Meals will be served from 11 am - 1 pm, Monday - Friday at the following locations:

- Bella Vista Middle School - 31650 Browning St. Murrieta, CA
- James L. Day Middle School - 40775 Camino Campos Verde Temecula, CA
- Erle Stanley Gardner Middle School – 45125 Via Del Coronado Temecula, CA
- Margarita Middle School – 30600 Margarita Rd. Temecula, CA
- Temecula Middle School – 42075 Meadows Parkway Temecula, CA
- Vail Ranch Middle School – 33340 Camino Piedra Rojo Temecula, CA

**All enrolled TVUSD students are welcome to participate, regardless of what TVUSD school you are enrolled at - come to the middle school closest to you!** To see if you qualify to receive free or reduced-price meals through the National School Lunch Program, complete an online application today! Visit <https://temeculafreshfood.com/> and click on the Rocket Scan image to begin your application. If you do not qualify for the program, you can purchase a breakfast & lunch meal kit for \$4.50.

**We are not accepting payment at the serving sites.** You can prepay at [PayPams.com](http://PayPams.com). Or, we will be accepting deposits by cash or check at our central office (31350 Rancho Vista Rd. Temecula, CA) on Mondays.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [How to File a Complaint](#), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
2. fax: (202) 690-7442; or  
email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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