





FEBRUARY 2020

-  = Vegetarian Option
-  = Locally Sourced Product
-  = Gluten Free
-  = Item contains Pork

Meatless Monday	Tasty Tuesday	Wasteless Wednesday	Thankful Thursday	Fabulous Friday
Mac & Cheese  Sugar Snap Peas  Corn Blueberries <p style="text-align: right;">3</p>	Crispy Breaded Drumstick w/ Cheesy Cornbread Cowboy Beans Green Beans Peaches <p style="text-align: right;">4</p>	Pepperoni French Bread  Power Salad Olives Tangerines  <p style="text-align: right;">5</p>	Chicken Soft Taco Shredded Lettuce & Cheese Pico de Gallo Mixed Berry Frozen Cup <p style="text-align: right;">6</p>	Popcorn Chicken Power Salad Celery Sticks Applesauce Cup Chocolate Chip Cookie <p style="text-align: right;">7</p>
Pizza Dippers  Celery Sticks Cauliflower Raisins <p style="text-align: right;">10</p>	Chicken Nuggets w/ Wheat Crackers Power Salad Edamame Mixed Fruit <p style="text-align: right;">11</p>	Macho Chili Cheese Burrito Jalapeños & Carrots Zucchini Sticks Berry Orange Slices  Valentine's Day Cookie <p style="text-align: right;">12</p>	Confetti Pancakes & Chicken Sausage Patties Power Salad Peas & Corn Peaches <p style="text-align: right;">13</p>	LINCOLN'S BIRTHDAY 14
WASHINGTON'S BIRTHDAY 17	Chicken Nuggets w/ Sun Chips Celery Sticks Sugar Snap Peas  Applesauce <p style="text-align: right;">18</p>	Jumbo Chicken Corndog Power Salad Potato Smiles Tangelos  <p style="text-align: right;">19</p>	Orange Chicken & Brown Rice Edamame Peas & Corn Pineapple <p style="text-align: right;">20</p>	B.Y.O. Yogurt Parfait  w/ Granola Power Salad Cucumber Coins Blueberries <p style="text-align: right;">21</p>
Cheesy Garlic French Bread  Power Salad Corn Pineapple <p style="text-align: right;">24</p>	Crispy Chicken Drumstick w/ Roll Coleslaw Cowboy Beans Peaches <p style="text-align: right;">25</p>	Hamburger Shredded Lettuce Pickles Berry Orange Slices  <p style="text-align: right;">26</p>	Bean Tostada Nachos  Pico de Gallo Olives Mixed Berry Frozen Cup <p style="text-align: right;">27</p>	All Beef Hot Dog Diced Onions Celery Sticks Watermelon Raisels <p style="text-align: right;">28</p>

Additional entrées: Yogurt & Granola  and Cheese Sandwich  served daily • Additional Fruits and/or Vegetables served daily: X-Ray Vision Carrots

Also served daily: Juice (100% Juice), 1% White Milk or Non-fat Chocolate Milk

STUDENT PRICE: \$2.75 ADULT PRICE: \$3.25

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HARVEST OF THE MONTH BERRY ORANGES

ABOUT:

- The berry oranges as we call them, are more commonly called a blood orange or a Moro orange
- Berry oranges get their red color from antioxidants called anthocyanins

FUN FACTS:

- The anthocyanins which give the berry orange its distinct color will only develop when temperatures are low at night and warm during the day
- Berry oranges are the primary orange grown in Italy

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