

Head Start Menu

November • Lunch

Monday	Tuesday	Wednesday	Thursday
			Pulled Pork Sandwich Corn Mixed Fruit 1% White Milk 1
Pizza Dippers Power Salad Diced Apricots 1% White Milk 5	Star Chicken Nuggets w/ Sun Chips Corn Pear Slices 1% White Milk 6	Cheesy Chicken Burrito Black Beans Applesauce 1% White Milk 7	Spaghetti w/ Meat Sauce & Breadstick Sliced Olives Peaches 1% White Milk 8
Veteran's Day	Pepperoni French Bread Olives Mixed Fruit 1% White Milk 13	Chicken Burger Pickles Peaches 1% White Milk 14	Turkey & Gravy w/ Cornbread Mashed Potatoes Applesauce 1% White Milk 15
Fall Break			
Bean & Cheese Burrito Carrots Diced Apricots 1% White Milk 26	Popcorn Chicken w/ Sun Chips Corn Mixed Fruit 1% White Milk 27	Meatball Pinwheel Power Salad Tangerines 1% White Milk 28	Orange Chicken & Brown Rice Green Beans Pineapple 1% White Milk 29

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Choc. Chip Mini French Toast Diced Apricots 1% White Milk	Yogurt & Granola Blueberries 1% White Milk	Cereal & String Cheese Pears 1% White Milk	Cinnamon Roll Applesauce 1% White Milk