

Head Start Menu

January • Lunch

Monday	Tuesday	Wednesday	Thursday
Bean & Cheese Burrito Corn Pears 1% White Milk <p style="text-align: right;">8</p>	Chicken Burger (1/2) Pickles Peaches 1% White Milk <p style="text-align: right;">9</p>	Nachos Pinto Beans Apricots 1% White Milk <p style="text-align: right;">10</p>	Chicken & Waffles Broccoli Mixed Fruit 1% White Milk <p style="text-align: right;">11</p>
HOLIDAY	Chicken Nuggets & Sun Chips Corn Mixed Fruit 1% White Milk <p style="text-align: right;">16</p>	Pepperoni Hot Pocket (1/2) Olives Apricots 1% White Milk <p style="text-align: right;">17</p>	Turkey Gravy w/ Cornbread Mashed Potatoes Peaches 1% White Milk <p style="text-align: right;">18</p>
STAFF ONLY DAY	Orange Chicken w/ Cornbread Peas Peaches 1% White Milk <p style="text-align: right;">23</p>	Bean & Cheese Burrito Pico de Gallo Apricots 1% White Milk <p style="text-align: right;">24</p>	Teriyaki Chicken & Brown Rice Red Bell Pepper Strips Pears 1% White Milk <p style="text-align: right;">25</p>
Grilled Cheese Sandwich Cucumber Coins Apricots 1% White Milk <p style="text-align: right;">29</p>	Chicken Nuggets & Sun Chips Power Salad Mixed Fruit 1% White Milk <p style="text-align: right;">30</p>	Cheesy Chicken Burrito Pico de Gallo Blueberries 1% White Milk <p style="text-align: right;">31</p>	

January • Breakfast

Monday	Tuesday	Wednesday	Thursday
Chocolate Chip Muffin Apricots 1% White Milk	Yogurt & Granola Blueberries 1% White Milk	Cereal & String Cheese Pears 1% White Milk	Cinnamon Roll Applesauce 1% White Milk

MENUS SUBJECT TO CHANGE

TVUSD IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER