

# LINCOLN PARISH SCHOOLS

CHILD NUTRITION

## Menu Planning List

Cypress Springs 07/01/2018 - 07/31/2018

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9 CHICKEN NUGGETS W/K MACARONI AND CHEES CALIFORNIA MIXED VEG FRESH FRUIT ROLL, WG FROZEN	10 BARBECUE MEATBALLS FLATBREAD, WG STEAMED PEAS/CARRO FRUIT SALAD TOSSED VEGETABLE S	11 CHEESEBURGER HAMBURGER BUN SANDWICH SALAD BAKED BEANS FRESH FRUIT	12 MEAT LOAF TOMATO GRAVY, HOMEN ORANGE GLAZED SWEE SEASONED MUSTARD G MIXED FRUIT HOT CORNBREAD	13 CHICKEN FRIED STEAK HAMBURGER BUN POTATO ROUND W/KET FRESH FRUIT
16 STEAK FINGERS HOAGIE BUN SANDWICH SALAD FRENCH FRIES W/KETC BAKED BEANS FRESH FRUIT	17 SAUSAGE PIZZA WHOLE KERNEL CORN BROCCOLI & CARROTS V FRESH FRUIT	18 OVEN FRIED CHICKEN MASHED RED POTATOE GRAVY SEASONED MUSTARD G CARROT,PINEAPPLE AP HOT CORNBREAD	19 BBQ SANDWICH HAMBURGER BUN SANDWICH SALAD POTATO ROUND W/KET FRESH FRUIT	20 CHEESEBURGER HAMBURGER BUN SANDWICH SALAD FRENCH FRIES W/KETC FRESH FRUIT
23 HAM & CHEESE SLICED BREAD TOSSED VEGETABLE S BEAN SOUP FRESH FRUIT CRACKERS	24 STEAK FINGERS BAKED SWEET POTATOE TOSSED VEGETABLE S MIXED FRUIT HOT ROLL	25 BEEF AND CHEESE TAC TACO SHELLS, WG TACO SALAD CUP FRESH FRUIT CINNAMON ROLL	26 SALISBURY STEAK "N G GRAVY STEAMED RICE SEASONED MUSTARD G FRUIT SALAD HOT CORNBREAD	27 FRANKFURTERS CHILI HOT DOG FRENCH FRIES W/KETC TOSSED VEGETABLE S FRESH FRUIT
30	31	1	2	3