



# FRANKLIN MIDDLE SCHOOL

## Student Menus March - June 2020

<p><b>5 Star Breakfast Meal</b></p> <p>ENTRÉE  Protein +  Grains</p> <p> Fruit 1  Fruit 2  Milk</p> <p>For a complete meal you must select a minimum of three 's.</p> <p>One  must be a  FRUIT.</p>	<p><b>Choose 1 Entrée</b></p> <p>Chicken &amp; Waffle Sliders ■ Cinnamon Roll ■ Pop Tarts</p> <p>Yogurt Parfait with Fruit &amp; Crunchy Granola</p> <p>Bagel with Cream Cheese ■ Cinnamon Toast Crunch Bar</p> <p>Coffee Cake with Cinnamon Crumble Topping</p> <p>Cocoa Puffs Bar ■ Ham &amp; Cheese Breakfast Croissant</p> <p>Reduced Sugar Cereal with French Toast Goldfish Grahams</p>	<p><b>FRUIT Choose 1 or 2</b></p> <p>Fresh Fruit (Seasonal)</p> <p>Fruit Cup</p> <p>100% Fruit Juice</p> <p><b>MILK Choose 1</b></p> <p>1% Low Fat White Milk</p> <p><b>OR</b> Non Fat White Milk</p>
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Menus are subject to change. Notice will be given if possible.

<p><b>5 Star Lunch Meal Deal</b></p> <p>Choose 1 Entrée from our <b>SPECIALTY FOOD COURTS</b></p>	<p>ENTRÉE  Protein +  Grains  Vegetables  Fruits  Milk</p> <p>For a complete meal you must select three 's. One  must be a VEGETABLE or FRUIT.</p>
<p><b>VEGETABLES Choose 1 or 2</b> <i>Daily:</i> Tossed Green Salad with Dressing ■ Fresh Veggie Cup ■ Fresh Baby Carrots ■ Potato Wedges ■ Pickle Pack</p> <p><i>Mondays/Fridays only:</i> Corn &amp; Black Bean Salsa</p> <p><b>FRUIT Choose 1 or 2</b> <i>Daily:</i> Fresh Fruit (Seasonal) ■ Fruit Cup ■ Applesauce Cup ■ Raisins ■ 100% Fruit Juice</p> <p><b>MILK Choose 1</b> <i>Daily:</i> 1% Low Fat White Milk ■ Non Fat Chocolate Milk ■ Non Fat White Milk</p>	

<b>Market Fresh Deli</b>	Week 1	Chicken Caesar Salad with Chocolate Chip Cookie	Italian Sub Sandwich	Peanut Butter and Jelly Sandwich	<b>Taqueria Del Sol</b>	Week 1	Walking Nachos	Arizona Gold Bean and Cheese Burrito	Shredded Beef Enchiladas		
	Week 2	Buffalo Chicken Salad	Double Meat and Cheese Sandwich	Peanut Butter and Jelly Sandwich		Week 2	Walking Nachos	Arizona Gold Bean and Cheese Burrito	Chicken Chile Verde and Rice Burrito		
<b>Big Daddy's Pizzeria</b>	Week 1	Big Daddy's Cheese Slice	Big Daddy's Pepperoni Slice	<b>Asian Express</b>	Week 1	Mandarin Orange Chicken with Rice and Fortune Cookie	<b>The Grill</b>	Week 1	Flame Broiled Cheeseburger	Nashville Chicken Hot Bites	Grilled Chicken Pesto Sandwich
	Week 2	Big Daddy's Cheese Slice	Big Daddy's Pepperoni Slice		Week 2	Teriyaki Chicken Rice Bowl and Fortune Cookie		Week 2	Hot & Spicy Chicken Burger	Western Cheeseburger BBQ Sauce & Bacon	Baked Ziti