

Lincoln Elementary Breakfast Menu - March 2020



Breakfast includes

ENTRÉE (2 Stars)

★ **PROTEIN** & ★ **GRAINS**

★★ **FRUIT** (2 Stars)

★ **MILK** (1 Star)

1% Low Fat **OR** Non Fat White Milk

Be a Rising Star with a Healthy School Breakfast!

Breakfast is one of the most important meals of the day and is proven to contribute toward improved academic performance.



SCHOOL BREAKFAST is out of this World!

National School Breakfast Week is March 2 – 6, 2020



<p>Pop Tart ²</p>  <p>Applesauce Cup Raisins</p>	<p>Muffin Top ³</p>  <p>Fresh Apple Slices Craisins</p>	<p>Yogurt with Honey Grahams ⁴</p>  <p>100% Fruit Juice Fresh Banana</p>	<p>Blueberry Bagel with Cream Cheese ⁵</p>  <p>Fresh Apple</p>	<p>Breakfast Cereal with Grahams ⁶</p>  <p>Strawberry Applesauce 100% Fruit Juice</p>
<p>Great Earth Cinnamon Roll ⁹</p>  <p>Applesauce Cup Raisins</p>	<p>Breakfast Cereal with Grahams ¹⁰</p>  <p>Fresh Apple Slices Craisins</p>	<p>Yogurt with Honey Grahams ¹¹</p>  <p>100% Fruit Juice Fresh Banana</p>	<p>Cinnamon Raisin Bagel with Cream Cheese ¹²</p>  <p>Fresh Apple</p>	<p>Coffee Cake with Cinnamon Crumbles ¹³</p>  <p>Strawberry Applesauce 100% Fruit Juice</p>
<p>Pop Tart ¹⁶</p>  <p>Applesauce Cup Raisins</p>	<p>Muffin Top ¹⁷</p>  <p>Fresh Apple Slices Craisins</p>	<p>Yogurt with Honey Grahams ¹⁸</p>  <p>100% Fruit Juice Fresh Banana</p>	<p>Blueberry Bagel with Cream Cheese ¹⁹</p>  <p>Fresh Apple</p>	<p>Breakfast Cereal with Grahams ²⁰</p>  <p>Strawberry Applesauce 100% Fruit Juice</p>
<p>Great Earth Cinnamon Roll ²³</p>  <p>Applesauce Cup Raisins</p>	<p>Breakfast Cereal with Grahams ²⁴</p>  <p>Fresh Apple Slices Craisins</p>	<p>Yogurt with Honey Grahams ²⁵</p>  <p>100% Fruit Juice Fresh Banana</p>	<p>Cinnamon Raisin Bagel with Cream Cheese ²⁶</p>  <p>Fresh Apple</p>	<p>Coffee Cake with Cinnamon Crumbles ²⁷</p>  <p>Strawberry Applesauce 100% Fruit Juice</p>
<p>³⁰ Spring Break</p>		<p>³¹ MARCH IS Women's HISTORY MONTH</p> 		<p>OFFERING A HAND UP IS NOT A HAND-OUT</p> <p>Clara Barton Founder of the American Red Cross</p>

Menu is subject to change. Notice will be given if possible.