



Elementary/K8 Lunch Menu - March 2020

STUDENT MEAL PRICES

Lunch \$2.50 ■ Extra Milk \$.50
Adult Lunch \$3.25



For a complete meal you must select a minimum of three ★'s. At least one ★ must be a ★ Fruit or a ★ Vegetable.

Lunch Includes

ENTRÉE (2 Stars) Choose 1

★ **PROTEIN** & ★ **GRAINS**

★ **VEGETABLES** Choose 1 or 2

- Daily: Fresh Veggie Cup
Tossed Green Salad w/Dressing
- Monday: Black Bean & Corn Salsa
- Tuesday: Fresh Baby Carrots
Taco Pack or Pickle Pack
- Wednesday: Fresh Celery Sticks
- Thursday: Fresh Baby Carrots
- Friday: Black Bean & Corn Salsa

★ **FRUIT** Choose 1

- Fresh Fruit (Seasonal) Applesauce Cup
- Fruit Cup Raisins
- Also offered on Tuesdays/Thursdays:
100% Fruit Juice

★ **MILK** Choose 1

- 1% Low Fat White Milk OR
- Non Fat Chocolate Milk

Our meals meet USDA required standards for whole grains, fats, sodium and calories, and provide servings of a variety of healthy fruits and vegetables.

Arizona Gold Bean & Cheese Burrito OR Cheesy Garlic Bread	Taco Tuesday Turkey & Cheese Taco OR Chicken & Cheese Taco	Tony's Galaxy Pepperoni Pizza Pepperoni is a Beef/Turkey Blend - No Pork -	Baked Ziti OR Hot Dog on a Bun (Turkey)	Walking Nachos
Cheesy Pull Aparts OR Chicken Corn Dog	Build-a-Burger Day Your choice of Hamburger OR Cheeseburger Topping Choices: Pickles, Lettuce, Tomato, Ketchup, Mayo, Mustard, BBQ Sauce	Wild Mike's Cheese Pizza Wedge 	Teriyaki Chicken Bowl with Fortune Cookie OR Macaroni and Cheese	Chicken Tenders OR Border Bowl with Tortilla Chips
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Spring Break		MARCH IS Women's HISTORY MONTH 		WHEN THEY GO LOW, WE GO HIGH. Michelle Obama Former First Lady

Menu is subject to change. Notice will be given if possible.

Daily Additional Entrée Choices

Peanut Butter & Jelly Sandwich ■ Turkey & Cheese OR Turkey-Ham & Cheese Sandwich

Also available on Fridays: Colby Jack Cheese Sticks with Crackers