

# Elementary/K8 Breakfast Menu - February 2020

**STUDENT MEAL PRICES**  
 Breakfast \$1.50 ■ Extra Milk \$.50  
 Adult Breakfast \$2.00



For a complete meal you must select a minimum of three ★'s.  
 At least one ★ must be a ★ Fruit.

## Breakfast includes

**ENTRÉE (2 Stars) Choose 1**

★ **PROTEIN** & ★ **GRAINS**

★★ **FRUIT** Choose 1 or 2





















- Fresh Fruit (Seasonal)
- Fruit Cup
- 100% Fruit Juice

★ **MILK** Choose 1

1% Low Fat **OR** Non Fat White Milk

Be a Rising Star with a Healthy School Breakfast!

Breakfast is one of the most important meals of the day and is proven to contribute toward improved academic performance.

Pop Tart <sup>3</sup> 	Ham & Cheese <sup>4</sup>  <b>NEW!</b> Breakfast Croissant	Yogurt Parfait <sup>5</sup> with Fruit and Crunchy Granola 	Blueberry Bagel <sup>6</sup>  with Cream Cheese	Cinnamon Toast <sup>7</sup>  Crunch Bar
Great Earth <sup>10</sup>  Cinnamon Roll	Cocoa Puffs Bar <sup>11</sup> 	Yogurt Parfait <sup>12</sup> with Fruit and Crunchy Granola 	Cinnamon Raisin Bagel <sup>13</sup>  with Cream Cheese	Coffee Cake <sup>14</sup>  with Cinnamon Crumble Topping
Presidents Day <sup>17</sup> 	No School for Students <sup>18</sup> 	Pop Tart <sup>19</sup> 	Blueberry Bagel <sup>20</sup>  with Cream Cheese	Cinnamon Toast <sup>21</sup>  Crunch Bar
Great Earth <sup>24</sup>  Cinnamon Roll	Cocoa Puffs Bar <sup>25</sup> 	Yogurt Parfait <sup>26</sup> with Fruit and Crunchy Granola 	Cinnamon Raisin Bagel <sup>27</sup>  with Cream Cheese	Coffee Cake <sup>28</sup>  with Cinnamon Crumble Topping

Menu is subject to change. Notice will be given if possible.



## Daily Additional Entree Choice

Cereal with Whole Grain Grahams (only Low Sugar Whole Grain Cereals are offered)