



Independent Study Academy

Student Lunch Menu

All entrees are whole grain

November 2019 - February 2020

Week 1	Tuesday	Thursday
	Chicken Enchiladas	Nashville Chicken Hot Bites

Week 1 Dates:
 November 4 & 18 December 9
 January 6 & 20 February 3 & 17

Week 2	Tuesday	Thursday
	Western Cheeseburger Beef Steak Burger with BBQ Sauce and Bacon	Hot & Spicy Chicken Burger

Week 2 Dates:
 November 11 December 2 & 16
 January 13 & 27 February 10 & 24

STUDENT MEAL PRICES

Lunch - \$ 3.00
 Extra Milk - \$.50

Lunch Side Items

VEGETABLES – Choose up to 2

Tuesday: Tossed Green Salad with Dressing
 Fresh Veggie Cup
 Thursday: Tossed Green Salad with Dressing
 Fresh Veggie Cup

FRUIT – Choose up to 2

Tuesday: 100% Fruit Juice Fresh Fruit
 Thursday: 100% Fruit Juice Raisins

MILK – Choose 1

1% Low Fat White Milk
OR Non Fat Chocolate Milk

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Menu is subject to change.
 Notice will be given if possible.

“This institution is an equal opportunity provider.”