

Child Care November 2019 - February 2020

Breakfast Entrees

Weeks of:	Monday	Tuesday	Wednesday	Thursday	Friday
Nov. 4 & 18 Dec. 9 Jan. 6 & 20 Feb. 3 & 17	Muffin Top Applesauce Cup Raisins	Breakfast Cereal Fresh Orange Slices Fruit Cup	Yogurt with Honey Grahams Fresh Apple Slices Fruit Cup	Blueberry Bagel with Cream Cheese Fresh Banana Applesauce Cup	Breakfast Cereal Fruit Cup Raisins
Nov. 11 & 25 Dec. 2 & 16 Jan. 13 & 27 Feb. 10 & 24	Muffin Top Applesauce Cup Raisins	Breakfast Cereal Fresh Orange Slices Fruit Cup	Yogurt with Honey Grahams Fresh Apple Slices Fruit Cup	Cinnamon Raisin Bagel with Cream Cheese Fresh Banana Applesauce Cup	Breakfast Cereal Fruit Cup Raisins

Snack Entrees

Weeks of:	Monday	Tuesday	Wednesday	Thursday	Friday
Nov. 4 & 18 Dec. 9 Jan. 6 & 20 Feb. 3 & 17	Rainbow Goldfish Crackers	Bug Bites Crackers	Cool Ranch Doritos	Cheez-It Crackers	Kids Snack Mix
Nov. 11 & 25 Dec. 2 & 16 Jan. 13 & 27 Feb. 10 & 24	Goldfish Pretzels	Gripz Honey Grahams	Maple Waffle Grahams	Frozen Grahams	Scooby Doo Snacks

Lunch Entrees

Weeks of:	Monday	Tuesday	Wednesday	Thursday	Friday
Nov. 4 Dec. 2 Jan. 6 Feb. 3	Grilled Italian Melt	Turkey & Cheese Taco	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni: Turkey/Beef)</i>	Baked Ziti <i>(Meat sauce: Turkey)</i>	Walking Nachos
Nov. 11 Dec. 9 Jan. 13 Feb. 10	Cheesy Pull Aparts	Hamburger on a Bun	Wild Mike's Cheese Pizza Wedge	Teriyaki Chicken Rice Bowl	Popcorn Chicken
Nov. 18 Dec. 16 Jan. 20 Feb. 17	Arizona Gold Bean & Cheese Burrito	Chicken & Cheese Taco	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni: Turkey/Beef)</i>	Cheese Hot Dog <i>(Turkey)</i>	Walking Nachos
Nov. 25 Jan. 27 Feb. 24	Chicken Corn Dog	Cheeseburger on a Bun	Wild Mike's Cheese Pizza Wedge	Pizza Poorboy	Border Bowl with Tortilla Chips

"This institution is an equal opportunity provider."



Our meals meet USDA required standards for whole grains, fats, sodium and calories, and provide servings of a variety of healthy fruits and vegetables.

Breakfast includes:

MILK

1% Low Fat White Milk **OR** Non Fat White Milk

Snack includes:

FRUIT

100% Fruit Juice

Lunch Side Items:

VEGETABLES

- Monday: Corn & Black Bean Salsa
Fresh Baby Carrots
- Tuesday: Tossed Green Salad with Dressing
Fresh Veggie Cup
- Wednesday: Tossed Green Salad with Dressing
Fresh Celery Sticks
- Thursday: Tossed Green Salad with Dressing
Fresh Veggie Cup
- Friday: Corn & Black Bean Salsa
Fresh Baby Carrots

FRUIT

- Monday: Applesauce Cup
- Tuesday: Fresh Fruit
- Wednesday: Fresh Fruit
- Thursday: Raisins
- Friday: Fruit Cup

MILK

1% Low Fat White Milk **OR** Non Fat White Milk

Menu is subject to change. Notice will be given if possible.

www.vallejostudentnutrition.com