

Elementary/K8 Breakfast Menu - December 2019

STUDENT MEAL PRICES
 Breakfast \$1.50 ■ Extra Milk \$.50
 Adult Breakfast \$2.00



For a complete meal you must select a minimum of three ★'s.
 At least one ★ must be a ★ Fruit.

Breakfast includes

ENTRÉE (2 Stars) Choose 1

★ **PROTEIN** & ★ **GRAINS**

★★ **FRUIT** Choose 1 or 2







Fresh Fruit (Seasonal)
 Fruit Cup
 100% Fruit Juice

★ **MILK** Choose 1

1% Low Fat **OR** Non Fat White Milk

Be a Rising Star with a Healthy School Breakfast!

Breakfast is one of the most important meals of the day and is proven to contribute toward improved academic performance.

Great Earth 2  Cinnamon Roll	Cocoa Puffs Bar 3  Cocoa Puffs Bar	Yogurt Parfait 4 with Fruit and Crunchy Granola 	Cinnamon Raisin Bagel 5 with Cream Cheese 	Coffee Cake 6 with Cinnamon Crumble Topping 
Pop Tart 9 	Ham & Cheese 10 NEW!  Breakfast Croissant	Yogurt Parfait 11 with Fruit and Crunchy Granola 	Blueberry Bagel 12 with Cream Cheese 	Cinnamon Toast 13  Crunch Bar
Great Earth 16  Cinnamon Roll	Cocoa Puffs Bar 17  Cocoa Puffs Bar	Yogurt Parfait 18 with Fruit and Crunchy Granola 	Cinnamon Raisin Bagel 19 with Cream Cheese 	Coffee Cake 20 with Cinnamon Crumble Topping 
23 NO SCHOOL WINTER BREAK	24 NO SCHOOL WINTER BREAK	25 Christmas Day 	26 NO SCHOOL WINTER BREAK	27 NO SCHOOL WINTER BREAK
30 NO SCHOOL WINTER BREAK	31 NO SCHOOL WINTER BREAK	 <p>DECEMBER 15th is BILL OF RIGHTS DAY Did you know that the Bill of Rights became part of the Constitution on December 15, 1791? It is 228 years old !!!</p> 		

Menu is subject to change. Notice will be given if possible.

Daily Additional Entree Choices

Cereal with Whole Grain Grahams (only Low Sugar Whole Grain Cereals are offered)