

Farragut Academy

Student Lunch Menu

November 2019 - February 2020

Student Meal Prices

Lunch \$3.00 Extra Milk \$.50

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Walking Nachos	Flamebroiled Beef Steak Cheeseburger	Big Daddy's Pepperoni Pizza <i>Pepperoni: Beef/Turkey Blend - No Pork -</i>	Mandarin Orange Chicken with Rice and Fortune Cookie	Chicken Enchiladas

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Walking Nachos	Western Cheeseburger Beef Steak Burger with BBQ Sauce and Bacon	Big Daddy's Pepperoni Pizza <i>Pepperoni: Beef/Turkey Blend - No Pork -</i>	Teriyaki Chicken Rice Bowl and Fortune Cookie	Grilled Italian Melt

Week 1 Dates:

November 4 & 18
December 9
January 6 & 20
February 3 & 17

Week 2 Dates:

November 11
December 2 & 16
January 13 & 27
February 10 & 24

"This institution is an equal opportunity provider."

www.vallejostudentnutrition.com

Lunch Side Items

All Entrees are Whole Grain

Daily Additional Entrée Choices:

Peanut Butter & Jelly Sandwich
Chicken Caesar Salad with Chocolate Chip Cookie

VEGETABLES – Choose up to 2

Monday: Corn & Black Bean Salsa
Fresh Baby Carrots
Tuesday: Tossed Green Salad with Dressing
Fresh Veggie Cup
Wednesday: Tossed Green Salad with Dressing
Celery Sticks
Thursday: Tossed Green Salad with Dressing
Fresh Veggie Cup
Friday: Corn & Black Bean Salsa
Fresh Baby Carrots

FRUIT – Grades 6-8

Monday: Applesauce Cup
Tuesday: 100% Fruit Juice
Wednesday: Fresh Fruit
Thursday: 100% Fruit Juice
Friday: Applesauce Cup

FRUIT – Grades 9-12 – Choose up to 2

Monday: Applesauce Cup Fresh Fruit
Tuesday: 100% Fruit Juice Fresh Fruit
Wednesday: Fruit Cup Fresh Fruit
Thursday: 100% Fruit Juice Raisins
Friday: Applesauce Cup Fruit Cup

MILK – Choose 1

1% Low Fat White Milk **OR** Non Fat Chocolate Milk

Menu is subject to change.
Notice will be given if possible.