

Elementary/K8 Lunch Menu - December 2019

STUDENT MEAL PRICES

Lunch \$2.50 ■ Extra Milk \$.50
Adult Lunch \$3.25



For a complete meal you must select a minimum of three ★'s. At least one ★ must be a ★ Fruit or a ★ Vegetable.

Lunch Includes

ENTRÉE (2 Stars) Choose 1

★ **PROTEIN** & ★ **GRAINS**

★ **VEGETABLES** Choose 1 or 2

- Daily: Fresh Veggie Cup
Tossed Green Salad w/Dressing
- Monday: Black Bean & Corn Salsa
- Tuesday: Fresh Baby Carrots
Taco Pack or Pickle Pack
- Wednesday: Fresh Celery Sticks
- Thursday: Fresh Baby Carrots
- Friday: Black Bean & Corn Salsa




















★ **FRUIT** Choose 1

- Fresh Fruit (Seasonal) Applesauce Cup
Fruit Cup Raisins
- Also offered on Tuesdays/Thursdays:
100% Fruit Juice

★ **MILK** Choose 1

- 1% Low Fat White Milk OR
Non Fat Chocolate Milk

Our meals meet USDA required standards for whole grains, fats, sodium and calories, and provide servings of a variety of healthy fruits and vegetables.

<p>Cheesy Pull Aparts ²</p> <p>OR</p> <p>Chicken Corn Dog</p> 	<p>Build-a-Burger Day ³</p> <p>Your choice of </p> <p>Hamburger OR Cheeseburger</p> <p>Topping Choices: Pickles, Lettuce, Tomato, Ketchup, Mayo, Mustard, BBQ Sauce</p>	<p>Wild Mike's ⁴</p> <p>Cheese Pizza Wedge</p> 	<p>Teriyaki Chicken Bowl ⁵ with Fortune Cookie</p>  <p>OR NEW! Pizza Poorboy</p>	<p>Popcorn Chicken ⁶</p>  <p>OR</p> <p>Border Bowl with Tortilla Chips</p>
<p>Arizona Gold ⁹</p> <p>Bean & Cheese Burrito</p>  <p>OR</p> <p>Italian Melt Sandwich</p>	<p>Taco Tuesday ¹⁰</p> <p>Turkey & Cheese Taco</p>  <p>OR</p> <p>Chicken & Cheese Taco</p> 	<p>Tony's Galaxy ¹¹</p> <p>Pepperoni Pizza</p>  <p>Pepperoni is a Beef/Turkey Blend - No Pork -</p>	<p>Baked Ziti ¹²</p>  <p>OR NEW! Cheese Hot Dog (Turkey)</p>	<p>Walking Nachos ¹³</p> 
<p>Cheesy Pull Aparts ¹⁶</p>  <p>OR</p> <p>Chicken Corn Dog</p>	<p>Build-a-Burger Day ¹⁷</p> <p>Your choice of </p> <p>Hamburger OR Cheeseburger</p> <p>Topping Choices: Pickles, Lettuce, Tomato, Ketchup, Mayo, Mustard, BBQ Sauce</p>	<p>Wild Mike's ¹⁸</p> <p>Cheese Pizza Wedge</p> 	<p>Teriyaki Chicken Bowl ¹⁹ with Fortune Cookie</p>  <p>OR NEW! Pizza Poorboy</p>	<p>December Birthdays ²⁰ Celebration Day Birthday Cake Cookies</p> <p>Popcorn Chicken</p> <p>OR</p> <p>Border Bowl with Tortilla Chips</p>
<p>NO SCHOOL ²³</p> <p>WINTER BREAK</p>	<p>NO SCHOOL ²⁴</p> <p>WINTER BREAK</p>	<p>Christmas Day ²⁵</p> 	<p>NO SCHOOL ²⁶</p> <p>WINTER BREAK</p>	<p>NO SCHOOL ²⁷</p> <p>WINTER BREAK</p>
<p>NO SCHOOL ³⁰</p> <p>WINTER BREAK</p>	<p>NO SCHOOL ³¹</p> <p>WINTER BREAK</p> 	<p>Happy Hanukkah December 22 - 30</p> 	<p>KWANZAA December 26 - January 1</p> 	

Menu is subject to change. Notice will be given if possible.

Daily Additional Entrée Choices

Peanut Butter & Jelly Sandwich ■ Turkey & Cheese OR Turkey-Ham & Cheese Sandwich
Also available on Fridays: Colby Jack Cheese Sticks with Crackers