

Child Care Program

August - October 2019

Breakfast Entrees

Weeks of:	Monday	Tuesday	Wednesday	Thursday	Friday
Aug. 19 Sept. 2, 16 & 30 Oct. 14 & 28	Muffin Top Applesauce Cup Raisins	Breakfast Cereal Fresh Orange Slices Fruit Cup	Yogurt with Sunshine Bites Fresh Apple Slices Fruit Cup	Blueberry Bagel with Cream Cheese Fresh Banana Applesauce Cup	Breakfast Cereal Fruit Cup Raisins
Aug. 26 Sept. 9 & 23 Oct. 7 & 21	Muffin Top Applesauce Cup Raisins	Breakfast Cereal Fresh Orange Slices Fruit Cup	Yogurt with Sunshine Bites Fresh Apple Slices Fruit Cup	Cinnamon Raisin Bagel with Cream Cheese Fresh Banana Applesauce Cup	Breakfast Cereal Fruit Cup Raisins

Snack

Weeks of:	Monday	Tuesday	Wednesday	Thursday	Friday
Aug. 19 Sept. 2, 16 & 30 Oct. 14 & 28	Rainbow Goldfish Crackers	Sunflower Seeds	Nacho Cheese Doritos	Cheez-It Crackers	Kid's Snack Mix
Aug. 26 Sept. 9 & 23 Oct. 7 & 21	Goldfish Pretzels	Gripz Honey Grahams	Maple Waffle Grahams	Jurassic World Grahams	Beary Bear Grahams

Lunch Entrees

Weeks of:	Monday	Tuesday	Wednesday	Thursday	Friday
Aug. 19 Sept. 16 Oct. 14	Wild Mike's Cheese Pizza Wedge	Hamburger on a Bun	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Crispy Chicken Tenders	Teriyaki Chicken Rice Bowl
Aug. 26 Sept. 23 Oct. 21	Grilled Italian Melt	Beef & Cheese Taco	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Walking Nachos	Spaghetti with Meat Sauce (Turkey)
Sept. 2 Sept. 30 Oct. 28	Chicken Corn Dog	Cheeseburger on a Bun	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Crispy Chicken Tenders	Cheesy Pull Aparts
Sept. 9 Oct. 7	Arizona Gold Bean & Cheese Burrito	Chicken & Cheese Taco	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Walking Nachos	Cheese Dog (Turkey)

"This institution is an equal opportunity provider."



Our meals meet USDA required standards for whole grains, fats, sodium and calories, and provide servings of a variety of healthy fruits and vegetables.

Breakfast includes:

MILK

1% Low Fat White Milk **OR** Non Fat White Milk

Snack includes:

FRUIT

100% Fruit Juice

Lunch Side Items:

VEGETABLES

- Monday: Corn & Black Bean Salsa
Fresh Baby Carrots
- Tuesday: Tossed Green Salad with Dressing
Fresh Veggie Cup
- Wednesday: Tossed Green Salad with Dressing
Fresh Celery Sticks
- Thursday: Tossed Green Salad with Dressing
Fresh Veggie Cup
- Friday: Corn & Black Bean Salsa
Fresh Baby Carrots

FRUIT

- Monday: Applesauce Cup
- Tuesday: Fresh Fruit
- Wednesday: Fresh Fruit
- Thursday: Raisins
- Friday: Fruit Cup

MILK

1% Low Fat White Milk **OR** Non Fat White Milk

Menu is subject to change. Notice will be given if possible.

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