

April 2019 Breakfast Menu

Lincoln Elementary School

All Breakfast Entrees are Whole Grain

Be a Rising Star with a Healthy School Breakfast

Breakfast is one of the most important meals of the day and is proven to contribute toward improved academic performance.

School Breakfast is Fuel for Learning!



1 NON-STUDENT DAY	2 NON-STUDENT DAY	3 NON-STUDENT DAY	4 NON-STUDENT DAY	5 NON-STUDENT DAY
Spring Break				
8 NON-STUDENT DAY	9 Great Earth Cinnamon Roll  Craisins Fresh Apple Slices	10 Yogurt with Sunrise Bites  Fresh Banana 100% Fruit Juice	11 Breakfast Cereal with Grahams  Fresh Apple	12 Coffee Cake with Cinnamon Crumbles  Strawberry Applesauce 100% Fruit Juice
15 Breakfast Cereal with Grahams  Applesauce Cup Raisins	16 Pop Tart  Craisins Fresh Apple Slices	17 Yogurt with Sunrise Bites  Fresh Banana 100% Fruit Juice	18 Breakfast Cereal with Grahams  Fresh Apple	19 Blueberry Bagel with Cream Cheese  Strawberry Applesauce 100% Fruit Juice
22 Breakfast Cereal with Grahams  Applesauce Cup Raisins	23 Great Earth Cinnamon Roll  Craisins Fresh Apple Slices	13 Yogurt with Sunrise Bites  Fresh Banana 100% Fruit Juice	14 Breakfast Cereal with Grahams  Fresh Apple	15 Coffee Cake with Cinnamon Crumbles  Strawberry Applesauce 100% Fruit Juice
18 Breakfast Cereal with Grahams  Applesauce Cup Raisins	19 Pop Tart  Craisins Fresh Apple Slices			

Menu is subject to change.
Notice will be given if possible.

Breakfast includes:

MILK Choose 1 1% Low Fat White Milk **OR** Non Fat White Milk