

# Vallejo Adult Transition



## March - April 2019

### Breakfast

All entrees are whole grain

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	Pop Tart <i>Applesauce Cup</i>	Cheese Omelet with Sunrise Bites <i>Fresh Orange Slices</i>	Yogurt with Sunrise Bites <i>Fresh Apple Slices</i>	Blueberry Bagel with Cream Cheese <i>Fresh Banana</i>	French Toast Sticks <i>Fruit Cup</i>
<b>Week 2</b>	Great Earth Cinnamon Roll <i>Applesauce Cup</i>	Pillsbury Chocolate Crescent <i>Fresh Orange Slices</i>	Yogurt Parfait with Fruit and Crunchy Granola <i>Fresh Apple Slices</i>	French Toast Sticks <i>Fresh Banana</i>	Coffee Cake with Cinnamon Crumble Topping <i>Fruit Cup</i>

### Lunch

All entrees are whole grain

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	Walking Nachos	Western Cheeseburger Beef Steak Burger with BBQ Sauce and Onion Ring	Big Daddy's Pepperoni Pizza <i>Pepperoni: Beef/Turkey Blend - No Pork -</i>	Mandarin Orange Chicken with Rice and Fortune Cookie	Crispy Chicken Tenders with Chocolate Chip Cookie
<b>Week 2</b>	Walking Nachos	Flamebroiled Beef Steak Cheeseburger	Big Daddy's Hawaiian Pizza <i>Made with Turkey-Ham - No Pork -</i>	Teriyaki Chicken Rice Bowl with Fortune Cookie	Wet Burrito with Shredded Beef and Chile Verde Sauce

**Week 1 Dates:**  
March 4 & 18  
April 15 & 30

**Week 2 Dates:**  
March 11  
April 8 & 22

### Breakfast Side Items

#### FRUIT

100% Fruit Juice

#### MILK – Choose 1

1% Low Fat White Milk OR Non Fat White Milk

### Lunch Side Items

#### VEGETABLES – Choose up to 2

- Monday: Tossed Green Salad with Dressing  
Corn & Black Bean Salsa
- Tuesday: Tossed Green Salad with Dressing  
Fresh Veggie Cup
- Wednesday: Tossed Green Salad with Dressing  
Fresh Baby Carrots
- Thursday: Tossed Green Salad with Dressing  
Fresh Veggie Cup
- Friday: Fresh Baby Carrots  
Corn & Black Bean Salsa

#### FRUIT – Choose up to 2

- Monday: Fruit Cup      Fresh Fruit
- Tuesday: 100% Fruit Juice      Raisins
- Wednesday: Fruit Cup      Fresh Fruit
- Thursday: 100% Fruit Juice      Fruit Cup
- Friday: Fresh Fruit      Applesauce Cup

#### MILK – Choose 1

1% Low Fat White Milk OR Non Fat Chocolate Milk

Menu is subject to change. Notice will be given if possible.

## STUDENT MEAL PRICES

Breakfast	-	\$ 1.75
Lunch	-	\$ 3.00
Extra Milk	-	\$ .50

### Pre-payments for Meals:

Our Elementary/K8 Schools operate on a meal pre-payment system. Pre-payments for School Meals can be made in one of two ways:

- 1) Online at [MySchoolBucks.com](http://MySchoolBucks.com)
- 2) At the school site

We encourage parents to pre-pay online at [MySchoolBucks.com](http://MySchoolBucks.com). There is a \$1.95 transaction fee for all payments made within a single pre-payment transaction.

To set up an account for your student(s), go to [MySchoolBucks.com](http://MySchoolBucks.com).

You will need:

- 1) Student Name
- 2) Student ID # -- can be found on the Student ID Card, class schedule, or from the Main Office.

## Vallejo City Unified School District Student Nutrition Services

665 Walnut Avenue  
Vallejo, CA 94592  
(707) 556-8921, ext. 50010  
[www.vallejo.k12.ca.us](http://www.vallejo.k12.ca.us)



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To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for  
Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

March - April  
2019



VALLEJO CITY  
UNIFIED SCHOOL DISTRICT

# Vallejo Adult Transition Student Menus



[www.vallejostudentnutrition.com](http://www.vallejostudentnutrition.com)