

Child Care Program

March -
April 2019



Breakfast

Weeks of:	Monday	Tuesday	Wednesday	Thursday	Friday
March 4 March 18 April 1 April 15 April 30	Pop Tart Applesauce Cup Raisins	Breakfast Cereal Fresh Orange Slices Fruit Cup	Yogurt with Sunshine Bites Fresh Apple Slices Fruit Cup	Breakfast Cereal Fresh Banana Applesauce Cup	Cinnamon Crumble Coffee Cake Fruit Cup Raisins
March 11 March 25 April 8 April 22	Great Earth Cinnamon Roll Applesauce Cup Raisins	Breakfast Cereal Fresh Orange Slices Fruit Cup	Yogurt with Sunshine Bites Fresh Apple Slices Fruit Cup	Breakfast Cereal Fresh Banana Applesauce Cup	Blueberry Bagel with Cream Cheese Fruit Cup Raisins

Snack

Weeks of:	Monday	Tuesday	Wednesday	Thursday	Friday
March 4 March 18 April 1 April 15 April 30	Rainbow Goldfish Crackers	Bug Bites Crackers	Nacho Cheese Doritos	Cheez-It Crackers	Giant Goldfish Crackers
Jan. 14 Jan. 28 Feb. 11 Feb. 25	Pretzel Goldfish Crackers	Gripz Honey Grahams	Maple Waffle Crisps	Jurassic World Grahams	Chocolate Caramel Chex Mix

Lunch

Weeks of:	Monday	Tuesday	Wednesday	Thursday	Friday
March 4 April 1 April 29	Wild Mike's Cheese Pizza Wedge	Hamburger on a Bun	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Teriyaki Chicken Rice Bowl	Toasted Cheese Ravioli with Dipping Sauce
March 11 April 8	Crispy Chicken Tenders	Beef & Cheese Taco	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Garlic French Bread with Marinara Sauce	Walking Nachos
March 18 April 15	Grilled Cheese Sandwich	Cheeseburger on a Bun	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Turkey Hot Dog on a Bun	Arizona Gold Bean & Cheese Burrito
March 25 April 22	Chicken Corn Dog	Chicken & Cheese Taco	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Macaroni & Cheese	Walking Nachos



**All Breakfast, Lunch & Snack
Entrees are Whole Grain**

Breakfast includes:

MILK

1% Low Fat White Milk - **OR** - Non Fat White Milk

Snack includes:

FRUIT

100% Fruit Juice

Lunch Side Items:

VEGETABLES

- Monday: Corn & Black Bean Salsa
Fresh Baby Carrots
- Tuesday: Tossed Green Salad with Dressing
Fresh Veggie Cup
- Wednesday: Tossed Green Salad with Dressing
Fresh Celery Sticks
- Thursday: Tossed Green Salad with Dressing
Fresh Veggie Cup
- Friday: Corn & Black Bean Salsa
Fresh Baby Carrots

FRUIT

- Monday: Applesauce Cup
- Tuesday: Fresh Fruit
- Wednesday: Fresh Fruit
- Thursday: Raisins
- Friday: Fruit Cup

MILK

1% Low Fat White Milk - **OR** - Non Fat White Milk

Menu is subject to change. Notice will be given if possible.



We serve 5 Star Meals

For a complete lunch
meal you must select a
minimum of three ★'s.

At least one ★ must be
a Fruit or a Vegetable.

  **Entrée (2 Stars),
Grains & Protein**

 **Vegetables**

 **Fruits**

 **Dairy - Milk**

Vallejo City Unified School District Student Nutrition Services

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Vallejo, CA 94592
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www.vallejo.k12.ca.us



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- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for
Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

March – April 2019
Child Care
Menus



VALLEJO CITY
UNIFIED SCHOOL DISTRICT

Beverly Hills Child Care
Cave PreSchool
Cooper Child Care
Federal Terrace Child Care
Highland Child Care
Steffan Manor Child Care
Widenmann Child Care



www.vallejostudentnutrition.com