

# Elementary/K8 March 2019 Lunch Menu

**STUDENT MEAL PRICES**  
 Lunch \$2.50 ■ Extra Milk \$.50  
 Adult Lunch \$3.25

## All Lunch Entrees are Whole Grain

Our delicious meals provide essential vitamins and nutrients necessary for both learning and play time.

Our meals meet USDA required standards in fats, sugars and sodium, and provide servings of a variety of healthy fruits and vegetables.

### Lunch Includes:

#### VEGETABLES Choose 1 or 2

- Daily: Fresh Veggie Cup  
Tossed Green Salad w/Dressing
- Monday: Black Bean & Corn Salsa
- Tuesday: Fresh Baby Carrots  
Taco Pack or Pickle Pack
- Wednesday: Fresh Celery Sticks
- Thursday: Fresh Baby Carrots
- Friday: Black Bean & Corn Salsa













#### FRUIT Choose 1

- Fresh Fruit (Seasonal) Applesauce Cup
- Fruit Cup Raisins
- Also offered on Tuesdays/Thursdays:  
100% Fruit Juice

#### MILK Choose 1

- 1% Low Fat White Milk OR
- Non Fat Chocolate Milk



<p>4 Wild Mike's Cheese Pizza Wedge OR Grilled Cheese Sandwich</p> 	<p>5 <b>Build-a-Burger Day</b> Your choice of Hamburger OR Cheeseburger <b>Topping Choices:</b> Pickles, Lettuce, Tomato, Ketchup, Mayo, Mustard, BBQ Sauce</p>	<p>6 Tony's Galaxy Pepperoni Pizza  Pepperoni is a Beef/Turkey Blend - No Pork -</p>	<p>7 Teriyaki Chicken Bowl with Fortune Cookie OR Turkey Hot Dog on a Bun </p>	<p>8 Walking Nachos <b>FACTUAL FRIDAY</b> Did you know? On August 18, 1920, Women gained the right to vote in the United States. Toasted Cheese Ravioli with Dipping Sauce OR Arizona Gold Bean &amp; Cheese Burrito </p>
<p>11 Crispy Chicken Tenders OR Chicken Corn Dog </p>	<p>12 <b>Taco Tuesday</b> Beef &amp; Cheese Taco OR Chicken &amp; Cheese Taco </p>	<p>13 Tony's Galaxy Pepperoni Pizza  Pepperoni is a Beef/Turkey Blend - No Pork -</p>	<p>14 Garlic French Bread with Marinara Dipping Sauce OR Macaroni &amp; Cheese </p>	<p>15 Walking Nachos </p>
<p>18 Wild Mike's Cheese Pizza Wedge OR Grilled Cheese Sandwich </p>	<p>19 <b>Build-a-Burger Day</b> Your choice of Hamburger OR Cheeseburger <b>Topping Choices:</b> Pickles, Lettuce, Tomato, Ketchup, Mayo, Mustard, BBQ Sauce</p>	<p>20 Tony's Galaxy Pepperoni Pizza  Pepperoni is a Beef/Turkey Blend - No Pork -</p>	<p>21 <b>March Birthdays Celebration Day</b> Teriyaki Chicken Bowl with Fortune Cookie OR Turkey Hot Dog on a Bun <b>Birthday Cake Cookies</b></p>	<p>22 <b>National Waffle Day</b> Chicken and Waffle Bites </p>
<p>25 NON-STUDENT DAY</p>	<p>26 NON-STUDENT DAY</p>	<p>27 NON-STUDENT DAY</p>	<p>28 NON-STUDENT DAY</p>	<p>29 NON-STUDENT DAY</p>

# Spring Break

Menu is subject to change. Notice will be given if possible.

#### Daily Additional Entrée Choices:

- Peanut Butter & Jelly Sandwich ■ Sun Butter Cup with Grahams ■ Turkey & Cheese OR Turkey-Ham & Cheese Sandwich
- Also available on Fridays: Colby Jack Cheese Sticks with Crackers