

# Child Care Program

January - February 2019

## Breakfast

Weeks of:	Monday	Tuesday	Wednesday	Thursday	Friday
Jan. 7 Jan. 21 Feb. 4 Feb. 18	Pop Tart Applesauce Cup Raisins	Breakfast Cereal Fresh Orange Slices Fruit Cup	Yogurt with Sunshine Bites Fresh Apple Slices Fruit Cup	Breakfast Cereal Fresh Banana Applesauce Cup	Cinnamon Crumble Coffee Cake Fruit Cup Raisins
Jan. 14 Jan. 28 Feb. 11 Feb. 25	Great Earth Cinnamon Roll Applesauce Cup Raisins	Breakfast Cereal Fresh Orange Slices Fruit Cup	Yogurt with Sunshine Bites Fresh Apple Slices Fruit Cup	Breakfast Cereal Fresh Banana Applesauce Cup	Blueberry Bagel with Cream Cheese Fruit Cup Raisins

## Snack

Weeks of:	Monday	Tuesday	Wednesday	Thursday	Friday
Jan. 7 Jan. 21 Feb. 4 Feb. 18	Rainbow Goldfish Crackers	Bug Bites Crackers	Cool Ranch Doritos	Cheez-It Crackers	Giant Goldfish Crackers
Jan. 14 Jan. 28 Feb. 11 Feb. 25	Pretzel Goldfish Crackers	Gripz Honey Grahams	Kidz Snack Mix	Jurassic World Grahams	Chocolate Caramel Chex Mix

## Lunch

Weeks of:	Monday	Tuesday	Wednesday	Thursday	Friday
Jan. 7 Feb. 4	Wild Mike's Cheese Pizza Wedge	Hamburger on a Bun	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Garlic French Bread with Marinara Sauce	Crispy Chicken Tenders
Jan. 14 Feb. 11	Toasted Cheese Ravioli with Dipping Sauce	Beef & Cheese Taco	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Spaghetti with Turkey Meatsauce	Walking Nachos
Jan. 21 Feb. 18	Grilled Cheese Sandwich	Cheeseburger on a Bun	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Teriyaki Chicken Rice Bowl	Arizona Gold Bean & Cheese Burrito
Jan. 23 Feb. 25	Chicken Corn Dog	Chicken & Cheese Taco	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Macaroni & Cheese	Walking Nachos



**All Breakfast, Lunch & Snack Entrees are Whole Grain**

**Breakfast includes:**

**MILK**

1% Low Fat White Milk - **OR** - Non Fat White Milk

**Snack includes:**

**FRUIT**

100% Fruit Juice

**Lunch Side Items:**

**VEGETABLES**

- Monday: Corn & Black Bean Salsa  
Fresh Baby Carrots
- Tuesday: Tossed Green Salad with Dressing  
Fresh Veggie Cup
- Wednesday: Tossed Green Salad with Dressing  
Fresh Celery Sticks
- Thursday: Tossed Green Salad with Dressing  
Fresh Veggie Cup
- Friday: Corn & Black Bean Salsa  
Fresh Baby Carrots

**FRUIT**

- Monday: Applesauce Cup
- Tuesday: Fresh Fruit
- Wednesday: Fresh Fruit
- Thursday: Raisins
- Friday: Fruit Cup

**MILK**

1% Low Fat White Milk - **OR** - Non Fat White Milk

Menu is subject to change. Notice will be given if possible.




## We serve 5 Star Meals

For a complete lunch  
meal you must select a  
minimum of three ★'s.

At least one ★ must be  
a Fruit or a Vegetable.

  Entrée (2 Stars),  
Grains & Protein

 Vegetables

 Fruits

 Dairy - Milk

### Vallejo City Unified School District Student Nutrition Services

665 Walnut Avenue  
Vallejo, CA 94592  
(707) 556-8921, ext. 50010  
[www.vallejo.k12.ca.us](http://www.vallejo.k12.ca.us)



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- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for  
Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

January – February 2019  
Child Care  
Menus



VALLEJO CITY  
UNIFIED SCHOOL DISTRICT

*Beverly Hills Child Care*

*Cave PreSchool*

*Cooper Child Care*

*Federal Terrace Child Care*

*Highland Child Care*

*Steffan Manor Child Care*

*Widenmann Child Care*



[www.vallejostudentnutrition.com](http://www.vallejostudentnutrition.com)