

Farragut Academy

Student Lunch Menu



November - December 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Walking Nachos	Western Cheeseburger Beef Steak Burger with BBQ Sauce and an Onion Ring	Big Daddy's Pepperoni Pizza <i>Pepperoni: Beef/Turkey Blend - No Pork -</i>	Teriyaki Chicken Drumstick with Fried Rice	Buffalo Chicken Sandwich
	Week 1 Dates: November 12 November 26 December 10				

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	Walking Nachos	Flamebroiled Beef Steak Cheeseburger	Big Daddy's Pepperoni Pizza <i>Pepperoni: Beef/Turkey Blend - No Pork -</i>	Broccoli Beef with Rice	Big Daddy's Hawaiian Pizza <i>Made with Turkey-Ham - No Pork -</i>
	Week 2 Dates: November 5 December 3 December 17				

Lunch Side Items

All Entrees are Whole Grain

Daily Additional Entrée Choices:

- Peanut Butter & Jelly Sandwich
- Chicken Caesar Salad with Chocolate Chip Cookie

VEGETABLES – Choose up to 2

- Monday: Tossed Green Salad with Dressing
Corn & Black Bean Salsa
- Tuesday: Tossed Green Salad with Dressing
Fresh Veggie Cup
- Wednesday: Tossed Green Salad with Dressing
Fresh Baby Carrots
- Thursday: Tossed Green Salad with Dressing
Fresh Veggie Cup
- Friday: Fresh Baby Carrots
Corn & Black Bean Salsa

FRUIT – Grades 6-8

- Monday: Fruit Cup
- Tuesday: 100% Fruit Juice
- Wednesday: Fresh Fruit
- Thursday: 100% Fruit Juice
- Friday: Fresh Fruit

FRUIT – Grades 9-12 – Choose up to 2

- Monday: Fruit Cup Fresh Fruit
- Tuesday: 100% Fruit Juice Raisins
- Wednesday: Fruit Cup Fresh Fruit
- Thursday: 100% Fruit Juice Fruit Cup
- Friday: Fresh Fruit Applesauce Cup

MILK – Choose 1

1% Low Fat White Milk **OR** Non Fat Chocolate Milk

Menu is subject to change. Notice will be given if possible.

STUDENT MEAL PRICES

Lunch	-	\$ 3.00
Extra Milk	-	\$.50

Pre-payments for Meals:

Our Elementary/K8 Schools operate on a meal pre-payment system. Pre-payments for School Meals can be made in one of two ways:

- 1) Online at MySchoolBucks.com
- 2) At the school site

We encourage parents to pre-pay online at MySchoolBucks.com. There is a \$1.95 transaction fee for all payments made within a single pre-payment transaction.

To set up an account for your student(s), go to MySchoolBucks.com.

You will need:

- 1) Student Name
- 2) Student ID # -- can be found on the Student ID Card, class schedule, or from the Main Office.

Vallejo City Unified School District Student Nutrition Services

665 Walnut Avenue
Vallejo, CA 94592
(707) 556-8921, ext. 50010
www.vallejo.k12.ca.us



In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for
Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

November - December
2018



VALLEJO CITY
UNIFIED SCHOOL DISTRICT

Farragut Academy

Student Lunch Menu



www.vallejostudentnutrition.com