

John Finney High School



November - December 2018

Breakfast

All entrees are whole grain

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Great Earth Cinnamon Roll <i>Applesauce Cup</i>	Pillsbury Chocolate Crescent <i>Fresh Orange Slices</i>	Yogurt Parfait with Fruit and Crunchy Granola <i>Fresh Apple Slices</i>	French Toast Sticks <i>Fresh Banana</i>	Coffee Cake with Cinnamon Crumble Topping <i>Fruit Cup</i>
Week 2	Pop Tart <i>Applesauce Cup</i>	Cheese Omelet with Sunrise Bites <i>Fresh Orange Slices</i>	Yogurt with Sunrise Bites <i>Fresh Apple Slices</i>	Blueberry Bagel with Cream Cheese <i>Fresh Banana</i>	French Toast Sticks <i>Fruit Cup</i>

Lunch

All entrees are whole grain

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Walking Nachos	Western Cheeseburger Beef Steak Burger with BBQ Sauce and an Onion Ring	Big Daddy's Pepperoni Pizza <i>Pepperoni: Beef/Turkey Blend - No Pork -</i>	Teriyaki Chicken Drumstick with Fried Rice	Buffalo Chicken Sandwich
Week 2	Walking Nachos	Flamebroiled Beef Steak Cheeseburger	Big Daddy's Pepperoni Pizza <i>Pepperoni: Beef/Turkey Blend - No Pork -</i>	Broccoli Beef with Rice	Big Daddy's Hawaiian Pizza <i>Made with Turkey-Ham - No Pork -</i>

Week 1 Dates:
November 12
November 26
December 10

Week 2 Dates:
November 5
December 3
December 17

Breakfast Side Items

FRUIT – Choose up to 2

Monday:	Fruit Cup	100% Fruit Juice
Tuesday:	Orange Slices	100% Fruit Juice
Wednesday:	Fresh Banana	100% Fruit Juice
Thursday:	Fresh Apple	100% Fruit Juice
Friday:	Fresh Fruit	100% Fruit Juice

MILK – Choose 1

1% Low Fat White Milk **OR** Non Fat White Milk

Lunch Side Items

Daily Additional Entrée Choices:

Peanut Butter & Jelly Sandwich
Chicken Caesar Salad with Chocolate Chip Cookie

VEGETABLES – Choose up to 2

Monday:	Tossed Green Salad with Dressing Corn & Black Bean Salsa
Tuesday:	Tossed Green Salad with Dressing Fresh Veggie Cup
Wednesday:	Tossed Green Salad with Dressing Fresh Baby Carrots
Thursday:	Tossed Green Salad with Dressing Fresh Veggie Cup
Friday:	Fresh Baby Carrots Corn & Black Bean Salsa

FRUIT – Choose up to 2

Monday:	Fruit Cup	Fresh Fruit
Tuesday:	100% Fruit Juice	Raisins
Wednesday:	Fruit Cup	Fresh Fruit
Thursday:	100% Fruit Juice	Fruit Cup
Friday:	Fresh Fruit	Applesauce Cup

MILK – Choose 1

1% Low Fat White Milk **OR** Non Fat Chocolate Milk

Menu is subject to change. Notice will be given if possible.

STUDENT MEAL PRICES

Breakfast	-	\$ 1.75
Lunch	-	\$ 3.00
Extra Milk	-	\$.50

Pre-payments for Meals:

Our Elementary/K8 Schools operate on a meal pre-payment system. Pre-payments for School Meals can be made in one of two ways:

- 1) Online at MySchoolBucks.com
- 2) At the school site

We encourage parents to pre-pay online at MySchoolBucks.com. There is a \$1.95 transaction fee for all payments made within a single pre-payment transaction.

To set up an account for your student(s), go to MySchoolBucks.com.

You will need:

- 1) Student Name
- 2) Student ID # -- can be found on the Student ID Card, class schedule, or from the Main Office.

Vallejo City Unified School District Student Nutrition Services

665 Walnut Avenue
Vallejo, CA 94592
(707) 556-8921, ext. 50010
www.vallejo.k12.ca.us



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- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for
Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

November – December
2018



VALLEJO CITY
UNIFIED SCHOOL DISTRICT

John Finney High School

Student Menus



www.vallejostudentnutrition.com