

Independent Study Academy

Student Lunch Menu



November - December 2018

All entrees are whole grain

	Tuesday	Thursday
Week 1	Western Cheeseburger Beef Steak Burger with BBQ Sauce and an Onion Ring	Teriyaki Drumstick with Fried Rice
Week 2	Flame Broiled Beef Steak Cheeseburger	Broccoli Beef with Rice

Week 1 Dates:

November 12
November 26
December 10

Week 2 Dates:

November 5
December 3
December 17

STUDENT MEAL PRICES

Lunch - \$ 3.00
Extra Milk - \$.50

Lunch Side Items

VEGETABLES – Choose up to 2

Tuesday: Tossed Green Salad with Dressing
Corn & Black Bean Salsa
Thursday: Tossed Green Salad with Dressing
Fresh Baby Carrots

FRUIT – Choose up to 2

Tuesday: 100% Fruit Juice Fresh Fruit
Thursday: 100% Fruit Juice Fruit Cup

MILK – Choose 1

1% Low Fat White Milk OR Non Fat Chocolate Milk

Menu is subject to change.
Notice will be given if possible.

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