

# Child Care Program

## Breakfast

November - December 2018

Weeks of:	Monday	Tuesday	Wednesday	Thursday	Friday
Nov. 1 Nov. 12 Nov. 26 Dec. 10	Great Earth Cinnamon Roll Applesauce Cup Raisins	Breakfast Cereal Fresh Orange Slices Strawberry Craisins	Yogurt with Sunshine Bites Fresh Apple Slices Fruit Cup	Breakfast Cereal Fresh Banana Applesauce Cup	Cinnamon Crumble Coffee Cake Fruit Cup Blueberry Craisins
Nov. 5 Dec. 3 Dec. 17	Muffin Top Applesauce Cup Raisins	Breakfast Cereal Fresh Orange Slices Strawberry Craisins	Yogurt with Sunshine Bites Fresh Apple Slices Fruit Cup	Breakfast Cereal Fresh Banana Applesauce Cup	Bagel with Cream Cheese Fruit Cup Blueberry Craisins

## Snack

Weeks of:	Monday	Tuesday	Wednesday	Thursday	Friday
Nov. 1 Nov. 12 Nov. 26 Dec. 10	Rainbow Goldfish Crackers	Bug Bites Crackers	Nacho Cheese Doritos	Cheez-It Crackers	Giant Goldfish Crackers
Nov. 5 Dec. 3 Dec. 17	Pretzel Goldfish Crackers	Gripz Honey Grahams	Kidz Snack Mix	Jurassic World Grahams	Chocolate Caramel Chex Mix

## Lunch

Weeks of:	Monday	Tuesday	Wednesday	Thursday	Friday
Nov. 5 Dec. 10	Wild Mike's Pizza Wedge	Hamburger on a Bun	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Spaghetti with Turkey Meatsauce	Beef Border Bowl with Tostitos Scoops
Nov. 12	HOLIDAY	Grilled Cheese Sandwich	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Garlic French Bread with Marinara Sauce	Walking Nachos
Dec. 3	Grilled Cheese Sandwich	Beef and Cheese Taco	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Garlic French Bread with Marinara Sauce	Walking Nachos
Nov. 26 Dec. 17	Chicken Corn Dog	Chicken and Cheese Taco	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Teriyaki Chicken Rice Bowl	Walking Nachos



**All Breakfast, Lunch & Snack  
Entrees are Whole Grain**

**Breakfast includes:**

**MILK**

1% Low Fat White Milk - **OR** - Non Fat White Milk

**Snack includes:**

**FRUIT**

100% Fruit Juice

**Lunch Side Items:**

**VEGETABLES**

- Monday: Corn & Black Bean Salsa  
Fresh Baby Carrots
- Tuesday: Tossed Green Salad with Dressing  
Fresh Veggie Cup
- Wednesday: Tossed Green Salad with Dressing  
Fresh Celery Sticks
- Thursday: Tossed Green Salad with Dressing  
Fresh Veggie Cup
- Friday: Corn & Black Bean Salsa  
Fresh Baby Carrots

**FRUIT**

- Monday: Applesauce Cup
- Tuesday: Fresh Fruit
- Wednesday: Fresh Fruit
- Thursday: Raisins
- Friday: Fruit Cup

**MILK**

1% Low Fat White Milk - **OR** - Non Fat White Milk

Menu is subject to change. Notice will be given if possible.




## We serve 5 Star Meals

For a complete lunch  
meal you must select a  
minimum of three ★'s.

At least one ★ must be  
a Fruit or a Vegetable.

  Entrée (2 Stars),  
Grains & Protein

 Vegetables

 Fruits

 Dairy - Milk

### Vallejo City Unified School District Student Nutrition Services

665 Walnut Avenue

Vallejo, CA 94592

(707) 556-8921, ext. 50010

[www.vallejo.k12.ca.us](http://www.vallejo.k12.ca.us)



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- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for  
Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

November-December 2018

## Child Care Menus



**VALLEJO CITY**  
UNIFIED SCHOOL DISTRICT

*Beverly Hills Child Care*

*Cave PreSchool*

*Cooper Child Care*

*Federal Terrace Child Care*

*Highland Child Care*

*Steffan Manor Child Care*

*Widenmann Child Care*



[www.vallejostudentnutrition.com](http://www.vallejostudentnutrition.com)