

Vallejo City Unified School District

# After School Supper Menu

## November - December 2018

### **MONDAY**

#### **GO BIG ENERGY PACK**

Yoplait Go Big Go-Gurt  
Cheddar Cheese Cubes  
Pretzel Goldfish Crackers  
Fresh Baby Carrots  
Flavored Raisins  
1% Chocolate Milk

### **TUESDAY**

#### **CHICKEN RANCH SALAD**

Corn Nuggets  
Applesauce  
1% Chocolate Milk

### **WEDNESDAY**

#### **BISTRO BOX**

Smoked Turkey Stick  
Colby Jack Cheese  
Herb Crackers  
Carrots & Cucumbers  
1% Chocolate Milk

### **THURSDAY**

#### **TACO SALAD with TORTILLA CHIPS**

Raisels  
1% Chocolate Milk

### **FRIDAY**

#### **ZEE ZEE SNACK PACK**

Hard Boiled Egg  
Sunflower Seeds  
Goldfish Cheddar  
Crackers  
Fresh Apple Slices  
Fresh Baby Carrots  
1% Chocolate Milk

**All Entrees are Whole Grain**

Menu is subject to change. Notice will be given if possible.

## About Our Supper Program:

We offer supper meals - free of charge - for all students who participate in the After School Programs at our Full Service Community Schools (FSCS).

The goal of our FSCS is to improve student academic achievement and well being through the offering of comprehensive high quality services. The program's main objectives are:

- Improve student achievement (closing the achievement gap)
- Improve student attendance
- Reduce student referrals, suspensions, and expulsions
- Increase student well-being in a range of health indices
- Improve school campus safety
- Increase parent involvement in their children's education

Offering supper to students participating in our FSCS After School Programs is a perfect complement to our FSCS objectives. Our suppers are a complete, nutritionally balanced meal containing grains, protein, fruits and/or vegetables and milk. Our suppers will provide students with a nourishing and satisfying meal while the students are participating in an academically enriched after school environment.

## Vallejo City Unified School District Student Nutrition Services

665 Walnut Avenue  
Vallejo, CA 94592  
(707) 556-8921, ext. 50010  
[www.vallejo.k12.ca.us](http://www.vallejo.k12.ca.us)



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- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for  
Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

November - December 2018  
Menu Inside



**VALLEJO CITY**  
UNIFIED SCHOOL DISTRICT

## After School Program

## Supper Menu



[www.vallejostudentnutrition.com](http://www.vallejostudentnutrition.com)