

Vallejo City Unified School District

After School Supper Menu

October 2018

MONDAY

GO BIG ENERGY PACK

Yoplait Go Big Go-Gurt
Cheddar Cheese Cubes
Mini Saltine Crackers
Fresh Baby Carrots
Flavored Raisins
1% White Milk

TUESDAY

CHICKEN RANCH SALAD

Corn Nuggets
Applesauce
1% White Milk

WEDNESDAY

BISTRO BOX

Smoked Turkey Stick
Colby Jack Cheese
Herb Crackers
Carrots and Cucumbers
1% White Milk

THURSDAY

TACO SALAD with TORTILLA CHIPS

Raisels
1% White Milk

FRIDAY

PROTEIN PACK

Hard Boiled Egg
Sunflower Seeds
Goldfish Cheddar
Crackers
Fresh Apple Slices
Fresh Baby Carrots
1% White Milk

All Entrees are Whole Grain

Menu is subject to change. Notice will be given if possible.

About Our Supper Program:

We offer supper meals - free of charge - for all students who participate in the After School Programs at our Full Service Community Schools (FSCS).

The goal of our FSCS is to improve student academic achievement and well being through the offering of comprehensive high quality services. The program's main objectives are:

- Improve student achievement (closing the achievement gap)
- Improve student attendance
- Reduce student referrals, suspensions, and expulsions
- Increase student well-being in a range of health indices
- Improve school campus safety
- Increase parent involvement in their children's education

Offering supper to students participating in our FSCS After School Programs is a perfect complement to our FSCS objectives. Our suppers are a complete, nutritionally balanced meal containing grains, protein, fruits and/or vegetables and milk. Our suppers will provide students with a nourishing and satisfying meal while the students are participating in an academically enriched after school environment.

Vallejo City Unified School District Student Nutrition Services

665 Walnut Avenue
Vallejo, CA 94592
(707) 556-8921, ext. 50010
www.vallejo.k12.ca.us



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Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

October 2018
Menu Inside



VALLEJO CITY
UNIFIED SCHOOL DISTRICT

After School Program

Supper Menu



www.vallejostudentnutrition.com