

# High School Student Menus 2018-2019

<b>5 Star Breakfast Meal</b>	<b>All Breakfast &amp; Lunch Entrees are Whole Grain</b>	
<p>★ Protein + ★ Grains = ENTRÉE ★ Fruit 1 ★ Fruit 2 ★ Milk</p> <p>For a complete meal you must select a minimum of three ★'s. <b>One ★ must be FRUIT.</b></p>	<p><b>Select ONE Entrée</b></p> <p><b>FRUIT</b> Select 1 or 2 Fresh Fruit (Seasonal) Fruit Cup 100% Fruit Juice</p> <p><b>MILK</b> Select 1 1% Low Fat White Milk <b>OR</b> Non Fat White Milk</p>	<p>Coffee Cake with Cinnamon Crumble Topping Pillsbury Chocolate Crescent ■ Ham &amp; Cheese Breakfast Croissant Yogurt Parfait with Fruit &amp; Crunchy Granola Pop Tarts ■ Cinnamon Roll ■ French Toast Sticks Cheese Omelet with Sunrise Bites Reduced Sugar Cereal with French Toast Goldfish Grahams</p>
<b>5 Star Lunch Meal Deal</b>	<p>★ Protein + ★ Grains = ENTRÉE    ★ Vegetables    ★ Fruits    ★ Milk</p> <p>For a complete meal you must select three ★'s. One ★ must be a VEGETABLE or FRUIT.</p>	
<p><b>Select ONE Entrée from one of the 5 SPECIALTY FOOD COURTS</b></p> <p><b>VEGETABLES</b> Select up to 2: <i>Daily:</i> Tossed Green Salad with Dressing ■ Fresh Veggie Cup ■ Fresh Baby Carrots ■ Pickle Pack ■ X-Treme Gusto Garlic Fries <i>Mondays/Fridays:</i> Corn &amp; Black Bean Salsa</p> <p><b>FRUIT</b> Select 1 Fresh Fruit (Seasonal) ■ Fruit Cup ■ Applesauce Cup ■ Raisins ■ 100% Fruit Juice</p> <p><b>MILK</b> Select 1 1% Low Fat White Milk ■ Non Fat Chocolate Milk ■ Non Fat White Milk</p>		
<div style="border: 1px solid black; padding: 5px; display: inline-block;">Menu is subject to change. Notice will be given if possible.</div>		

Big Daddy's Pizzeria

Week 1	Big Daddy's Cheese Pizza Slice	Big Daddy's Pepperoni Pizza Slice
Week 2	Big Daddy's Cheese Pizza Slice	Big Daddy's Pepperoni Pizza Slice

The Grill

Week 1	Western Cheeseburger with BBQ Sauce and Onion Ring	Chicken Tenders with Chocolate Chip Cookie
Week 2	Hot & Spicy Chicken Burger	Flame Broiled Cheeseburger

Asian Express

Week 1	Teriyaki Chicken Drumstick with Fried Rice	Spicy Korean BBQ Bahn Mi
Week 2	Curry Chicken with Rice	Mandarin Orange Chicken with Chow Mein

All Asian Entrees served with Fortune Cookie

**Daily Special**  
Big Daddy's Pizza Slice

Monday	Tuesday	Wednesday	Thursday	Friday
Hawaiian <small>Made with Turkey-Ham</small>	Meat Lover's	Hawaiian <small>Made with Turkey-Ham</small>	Meat Lover's	Hawaiian <small>Made with Turkey-Ham</small>

Market Fresh Deli

Week 1	Chicken Caesar Salad with Chocolate Chip Cookie	Italian Sub	Peanut Butter & Jelly Sandwich
Week 2	Chicken Chipotle Wrap	Double Meat & Cheese Sandwich	Peanut Butter & Jelly Sandwich

Taqueria Del Sol

Week 1	Walking Nachos	Arizona Gold Bean & Cheese Burrito	Street Tacos
Week 2	Walking Nachos	Arizona Gold Bean & Cheese Burrito	Chicken Chile Verde Rice Burrito

## STUDENT MEAL PRICES

Breakfast	-	\$ 1.75
Lunch	-	\$ 3.00
Extra Milk	-	\$ .50

Our Middle Schools operate on a meal pre-payment system. Pre-payments for School Meals can be made one of two ways:

1. Pre-payments can be made online.
2. Pre-payments can be made at the school site.

We encourage parents to pre-pay online at [MySchoolBucks.com](http://MySchoolBucks.com). There is a \$2.49 transaction fee for all payments made within a single pre-payment transaction.

To set up a new account, go to:  
[MySchoolBucks.com](http://MySchoolBucks.com)

You will need the following:

- Student Name
- Student ID # --

This 8-digit number can be found on either the Student ID Card or the class schedule.

## Vallejo City Unified School District Student Nutrition Services

665 Walnut Avenue  
Vallejo, CA 94592  
(707) 556-8921, ext. 50010  
[www.vallejo.k12.ca.us](http://www.vallejo.k12.ca.us)



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To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for  
Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

2018-2019



VALLEJO CITY  
UNIFIED SCHOOL DISTRICT

*Jesse Bethel  
High School*

*Vallejo  
High School*

Student Menus



[www.vallejostudentnutrition.com](http://www.vallejostudentnutrition.com)