

Farragut Academy

Lunch Menu



August - October 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Walking Nachos	Western Burger Beef Steak Burger with BBQ Sauce and an Onion Ring	Big Daddy's Pepperoni Pizza <i>Pepperoni: Beef/Turkey Blend - No Pork -</i>	Teriyaki Chicken Drumstick with Fried Rice	Crispy Chicken Tenders with Chocolate Chip Cookie

Week 1 Dates:
August 20
September 3 & 17
October 1, 15 & 29

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	Walking Nachos	Flamebroiled Beef Steak Cheeseburger	Big Daddy's Pepperoni Pizza <i>Pepperoni: Beef/Turkey Blend - No Pork -</i>	Mandarin Orange Chicken Bowl with Chow Mein	Big Daddy's Hawaiian Pizza <i>Made with Turkey-Ham - No Pork -</i>

Week 2 Dates:
August 27
September 10 & 24
October 8 & 22

Lunch Side Items

All Entrees are Whole Grain

Daily Additional Entrée Choices:

- Peanut Butter & Jelly Sandwich
- Chicken Caesar Salad with Chocolate Chip Cookie

VEGETABLES – Choose up to 2

- Monday: Tossed Green Salad with Dressing
Corn & Black Bean Salsa
- Tuesday: Tossed Green Salad with Dressing
Fresh Veggie Cup
- Wednesday: Tossed Green Salad with Dressing
Fresh Baby Carrots
- Thursday: Tossed Green Salad with Dressing
Fresh Veggie Cup
- Friday: Fresh Baby Carrots
Corn & Black Bean Salsa

FRUIT – Grades 6-8

- Monday: Fruit Cup
- Tuesday: 100% Fruit Juice
- Wednesday: Fresh Fruit
- Thursday: 100% Fruit Juice
- Friday: Fresh Fruit

FRUIT – Grades 9-12 – Choose up to 2

- Monday: Fruit Cup Fresh Fruit
- Tuesday: 100% Fruit Juice Raisins
- Wednesday: Fruit Cup Fresh Fruit
- Thursday: 100% Fruit Juice Fruit Cup
- Friday: Fresh Fruit Applesauce Cup

MILK – Choose 1

1% Low Fat White Milk **OR** Non Fat Chocolate Milk

Menu is subject to change. Notice will be given if possible.

STUDENT MEAL PRICES

Lunch	-	\$ 3.00
Extra Milk	-	\$.50

Pre-payments for Meals:

Our Elementary/K8 Schools operate on a meal pre-payment system. Pre-payments for School Meals can be made in one of two ways:

- 1) Online at MySchoolBucks.com
- 2) At the school site

We encourage parents to pre-pay online at MySchoolBucks.com. There is a \$1.95 transaction fee for all payments made within a single pre-payment transaction.

To set up an account for your student(s), go to MySchoolBucks.com.

You will need:

- 1) Student Name
- 2) Student ID # -- can be found on the Student ID Card, class schedule, or from the Main Office.

Vallejo City Unified School District Student Nutrition Services

665 Walnut Avenue
Vallejo, CA 94592
(707) 556-8921, ext. 50010
www.vallejo.k12.ca.us



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- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for
Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

August - October
2018



VALLEJO CITY
UNIFIED SCHOOL DISTRICT

Farragut Academy

Student Lunch Menu



www.vallejostudentnutrition.com