

# John Finney High School



August - October 2018

## Breakfast

All entrees are whole grain

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	Great Earth Cinnamon Roll <i>Applesauce Cup</i>	Pillsbury Chocolate Crescent <i>Fresh Orange Slices</i>	Yogurt Parfait with Fruit and Crunchy Granola <i>Fresh Apple Slices</i>	French Toast Sticks <i>Fresh Banana</i>	Coffee Cake with Cinnamon Crumble Topping <i>Fruit Cup</i>
<b>Week 2</b>	Buttermilk Bar <i>Applesauce Cup</i>	Cheese Omelet with Sunrise Bites <i>Fresh Orange Slices</i>	Yogurt with Sunrise Bites <i>Fresh Apple Slices</i>	Blueberry Bagel with Cream Cheese <i>Fresh Banana</i>	French Toast Sticks <i>Fruit Cup</i>

## Lunch

All entrees are whole grain

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	Walking Nachos	Western Burger Beef Steak Burger with BBQ Sauce and an Onion Ring	Big Daddy's Pepperoni Pizza <i>Pepperoni: Beef/Turkey Blend - No Pork -</i>	Teriyaki Chicken Drumstick with Fried Rice	Crispy Chicken Tenders with Chocolate Chip Cookie
<b>Week 2</b>	Walking Nachos	Flamebroiled Beef Steak Cheeseburger	Big Daddy's Pepperoni Pizza <i>Pepperoni: Beef/Turkey Blend - No Pork -</i>	Mandarin Orange Chicken Bowl with Chow Mein	Big Daddy's Hawaiian Pizza <i>Made with Turkey-Ham - No Pork -</i>

**Week 1 Dates:**  
August 20  
September 3 & 17  
October 1, 15 & 29

**Week 2 Dates:**  
August 27  
September 10 & 24  
October 8 & 22

## Breakfast Side Items

**FRUIT** – Choose up to 2

Monday:	Fruit Cup	100% Fruit Juice
Tuesday:	Orange Slices	100% Fruit Juice
Wednesday:	Fresh Banana	100% Fruit Juice
Thursday:	Fresh Apple	100% Fruit Juice
Friday:	Fresh Fruit	100% Fruit Juice

**MILK** – Choose 1

1% Low Fat White Milk **OR** Non Fat White Milk

## Lunch Side Items

**Daily Additional Entrée Choices:**

- Peanut Butter & Jelly Sandwich
- Chicken Caesar Salad with Chocolate Chip Cookie

**VEGETABLES** – Choose up to 2

Monday:	Tossed Green Salad with Dressing	Corn & Black Bean Salsa
Tuesday:	Tossed Green Salad with Dressing	Fresh Veggie Cup
Wednesday:	Tossed Green Salad with Dressing	Fresh Baby Carrots
Thursday:	Tossed Green Salad with Dressing	Fresh Veggie Cup
Friday:	Fresh Baby Carrots	Corn & Black Bean Salsa

**FRUIT** – Choose up to 2

Monday:	Fruit Cup	Fresh Fruit
Tuesday:	100% Fruit Juice	Raisins
Wednesday:	Fruit Cup	Fresh Fruit
Thursday:	100% Fruit Juice	Fruit Cup
Friday:	Fresh Fruit	Applesauce Cup

**MILK** – Choose 1

1% Low Fat White Milk **OR** Non Fat Chocolate Milk

Menu is subject to change. Notice will be given if possible.

## STUDENT MEAL PRICES

Breakfast	-	\$ 1.75
Lunch	-	\$ 3.00
Extra Milk	-	\$ .50

### Pre-payments for Meals:

Our Elementary/K8 Schools operate on a meal pre-payment system. Pre-payments for School Meals can be made in one of two ways:

- 1) Online at [MySchoolBucks.com](http://MySchoolBucks.com)
- 2) At the school site

We encourage parents to pre-pay online at [MySchoolBucks.com](http://MySchoolBucks.com). There is a \$1.95 transaction fee for all payments made within a single pre-payment transaction.

To set up an account for your student(s), go to [MySchoolBucks.com](http://MySchoolBucks.com).

You will need:

- 1) Student Name
- 2) Student ID # -- can be found on the Student ID Card, class schedule, or from the Main Office.

## Vallejo City Unified School District Student Nutrition Services

665 Walnut Avenue  
Vallejo, CA 94592  
(707) 556-8921, ext. 50010  
[www.vallejo.k12.ca.us](http://www.vallejo.k12.ca.us)



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To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for  
Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

August - October 2018  
Breakfast & Lunch



VALLEJO CITY  
UNIFIED SCHOOL DISTRICT

# John Finney High School

## Student Menus



[www.vallejostudentnutrition.com](http://www.vallejostudentnutrition.com)