

Vallejo Adult Transition



August - October 2018

Breakfast

All entrees are whole grain

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Great Earth Cinnamon Roll <i>Applesauce Cup</i>	Pillsbury Chocolate Crescent <i>Fresh Orange Slices</i>	Yogurt Parfait with Fruit and Crunchy Granola <i>Fresh Apple Slices</i>	French Toast Sticks <i>Fresh Banana</i>	Coffee Cake with Cinnamon Crumble Topping <i>Fruit Cup</i>
Week 2	Buttermilk Bar <i>Applesauce Cup</i>	Cheese Omelet with Sunrise Bites <i>Fresh Orange Slices</i>	Yogurt with Sunrise Bites <i>Fresh Apple Slices</i>	Blueberry Bagel with Cream Cheese <i>Fresh Banana</i>	French Toast Sticks <i>Fruit Cup</i>

Lunch

All entrees are whole grain

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Walking Nachos	Western Burger Beef Steak Burger with BBQ Sauce and an Onion Ring	Big Daddy's Pepperoni Pizza <i>Pepperoni: Beef/Turkey Blend - No Pork -</i>	Teriyaki Chicken Drumstick with Fried Rice	Crispy Chicken Tenders with Chocolate Chip Cookie
Week 2	Walking Nachos	Flamebroiled Beef Steak Cheeseburger	Big Daddy's Pepperoni Pizza <i>Pepperoni: Beef/Turkey Blend - No Pork -</i>	Mandarin Orange Chicken Bowl with Chow Mein	Big Daddy's Hawaiian Pizza

Week 1 Dates:
August 20
September 3 & 17
October 1, 15 & 29

Week 2 Dates:
August 27
September 10 & 24
October 8 & 22

Breakfast Side Items

FRUIT

100% Fruit Juice

MILK – Choose 1

1% Low Fat White Milk OR Non Fat White Milk

Lunch Side Items

VEGETABLES – Choose up to 2

- Monday: Tossed Green Salad with Dressing
Corn & Black Bean Salsa
- Tuesday: Tossed Green Salad with Dressing
Fresh Veggie Cup
- Wednesday: Tossed Green Salad with Dressing
Fresh Baby Carrots
- Thursday: Tossed Green Salad with Dressing
Fresh Veggie Cup
- Friday: Fresh Baby Carrots
Corn & Black Bean Salsa

FRUIT – Grades 6-8

- Monday: Fruit Cup
- Tuesday: 100% Fruit Juice
- Wednesday: Fresh Fruit
- Thursday: 100% Fruit Juice
- Friday: Fresh Fruit

FRUIT – Grades 9-12 – Choose up to 2

- Monday: Fruit Cup Fresh Fruit
- Tuesday: 100% Fruit Juice Raisins
- Wednesday: Fruit Cup Fresh Fruit
- Thursday: 100% Fruit Juice Fruit Cup
- Friday: Fresh Fruit Applesauce Cup

MILK – Choose 1

1% Low Fat White Milk OR Non Fat Chocolate Milk

Menu is subject to change. Notice will be given if possible.

STUDENT MEAL PRICES

Breakfast	-	\$ 1.75
Lunch	-	\$ 3.00
Extra Milk	-	\$.50

Pre-payments for Meals:

Our Elementary/K8 Schools operate on a meal pre-payment system. Pre-payments for School Meals can be made in one of two ways:

- 1) Online at MySchoolBucks.com
- 2) At the school site

We encourage parents to pre-pay online at MySchoolBucks.com. There is a \$1.95 transaction fee for all payments made within a single pre-payment transaction.

To set up an account for your student(s), go to MySchoolBucks.com.

You will need:

- 1) Student Name
- 2) Student ID # -- can be found on the Student ID Card, class schedule, or from the Main Office.

Vallejo City Unified School District Student Nutrition Services

665 Walnut Avenue
Vallejo, CA 94592
(707) 556-8921, ext. 50010
www.vallejo.k12.ca.us



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- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for
Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

August - October 2018
Breakfast & Lunch



VALLEJO CITY
UNIFIED SCHOOL DISTRICT

Vallejo Adult Transition

Student Menus



www.vallejostudentnutrition.com