

Child Care Program

August - October 2018

Breakfast

Weeks of:	Monday	Tuesday	Wednesday	Thursday	Friday
Aug 20 Sept 3 & 17 Oct 1, 15 & 29	Great Earth Cinnamon Roll Applesauce Cup	Muffin Top Fresh Orange Slices	Yogurt with Sunshine Bites Fresh Apple Slices	Breakfast Cereal Fresh Banana	Coffee Cake with Cinnamon Crumble Topping Fruit Cup
Aug 27 Sept 10 & 24 Oct 8 & 22	Buttermilk Bar Applesauce Cup	Muffin Top Fresh Orange Slices	Yogurt with Sunshine Bites Fresh Apple Slices	Breakfast Cereal Fresh Banana	Bagel with Cream Cheese Fruit Cup

Snack

Weeks of:	Monday	Tuesday	Wednesday	Thursday	Friday
Aug 20 Sept 3 & 17 Oct 1, 15 & 29	Rainbow Goldfish Crackers	Grandma's Mini Chocolate Chip Cookies	Cool Ranch Doritos	Cheez-It Crackers	Rice Krispies Granola Bar
Aug 27 Sept 10 & 24 Oct 8 & 22	Pretzel Goldfish	Gripz Honey Grahams	Kidz Snack Mix	Jurassic World Grahams	Chocolate Caramel Chex Mix

Lunch

Weeks of:	Monday	Tuesday	Wednesday	Thursday	Friday
Aug 20 Sept 17 Oct 15	Wild Mike's Pizza Wedge	Hamburger on a Bun	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Crispy Chicken Tenders	Teriyaki Chicken Bowl
Aug 27 Sept 24 Oct 22	Grilled Cheese Sandwich	Beef & Cheese Taco	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Walking Nachos	Homestyle Macaroni & Cheese
Sept 3 Oct 1 Oct 29	Chicken Corn Dog	Bean & Cheese Burrito	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Crispy Chicken Tenders	Garlic French Bread with Marinara Sauce
Sept 10 Oct 8	Wild Mike's Pizza Wedge	Chicken & Cheese Taco	Tony's Galaxy Pepperoni Pizza <i>(Pepperoni:Turkey/Beef)</i>	Walking Nachos	Hot Dog on a Bun



**All Breakfast, Lunch & Snack
Entrees are Whole Grain**

Breakfast includes:

FRUIT

100% Fruit Juice

MILK

1% Low Fat White Milk - **OR** - Non Fat White Milk

Snack includes:

FRUIT

100% Fruit Juice

Lunch Side Items:

VEGETABLES

- Monday: Corn & Black Bean Salsa
Fresh Baby Carrots
- Tuesday: Tossed Green Salad with Dressing
Fresh Veggie Cup
- Wednesday: Tossed Green Salad with Dressing
Fresh Celery Sticks
- Thursday: Tossed Green Salad with Dressing
Fresh Veggie Cup
- Friday: Corn & Black Bean Salsa
Fresh Baby Carrots

FRUIT

- Monday: Applesauce Cup
- Tuesday: Fresh Fruit
- Wednesday: Fresh Fruit
- Thursday: Raisins
- Friday: Fruit Cup

MILK

1% Low Fat White Milk - **OR** - Non Fat White Milk

Menu is subject to change. Notice will be given if possible.



We serve 5 Star Meals

For a complete lunch
meal you must select a
minimum of three ★'s.

At least one ★ must be
a Fruit or a Vegetable.

  Entrée (2 Stars),
Grains & Protein

 Vegetables

 Fruits

 Dairy - Milk

Vallejo City Unified School District Student Nutrition Services

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Vallejo, CA 94592
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www.vallejo.k12.ca.us



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- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for
Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

August - October 2018
Child Care
Menus



VALLEJO CITY
UNIFIED SCHOOL DISTRICT

Beverly Hills Child Care
Cave PreSchool
Cooper Child Care
Federal Terrace Child Care
Highland Child Care
Steffan Manor Child Care
Widenmann Child Care



www.vallejostudentnutrition.com