

Escondido Union School District

HHFKA - K-8

October Quantum Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 10/2/2017	Tue - 10/3/2017	Wed - 10/4/2017	Thu - 10/5/2017	Fri - 10/6/2017
Salsa Verde Chicken Burrito Mini Cheeseburgers Grilled Cheese Sand. PB & J Sandwich Turkey Sub Sandwich Gourmet Chicken Caesar Salad FP,Parfait,Yog,Cinn Bi Garden Fresh Salad Baby Carrots Cucumber Cucumber Cherry Tomatoes Bell Peppers 4 Colors Celery Sticks Corn Green Peas SB, Pasta Salad Cinnamon Applesauc Gala,Apple Red Apples Orange Smiles Mangos Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Barbeque Sauce	Sriracha Chicken Whit Cheesy Bread Orange Chicken/Brow Rice PB & J Sandwich Ham Sub Sandwich Gourmet Taco Salad FP,Parfait,Yog,Cinn Bi Garden Fresh Salad Baby Carrots Cucumber Roasted Beets Cherry Tomatoes Bell Peppers 4 Colors Celery Sticks Peanut Butter Cup Green Peas Corn SB, Pasta Salad Mandarin Oranges Watermelon Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Spicy Chicken Sandwi Grilled Cheese Sand. Pasta w/Meat Sauce a Garlic Bread PB & J Sandwich Italian Comb Sub Sandwich Asian Chicken Salad Asian Tofu Salad FP,Parfait,Yog,Cinn Bi Pizza Sticks Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Corn Edamame Garbanzo Beans Pineapple, Can,Lt Syr Asian Pear Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Barbeque Sauce	Mini Cheeseburgers Bean & Cheese Burrit Grilled Cheese Sand. Cheese Pizza, PZA G Pepperoni Pizza PB & J Sandwich Popcorn Chicken / Goldfish Crackers FP,Parfait,Yog,Cinn Bi Garden Fresh Salad Baby Carrots Cucumber Roasted Beets Cherry Tomatoes Bell Peppers 4 Colors Celery Sticks Peanut Butter Cup Corn Green Peas "Maggies Black Bean Salad" Peaches, canned Banana Red Apples Gala,Apple Mangos Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch,	Shrimp Poppers w Gol Chicken Nuggets & T Bean & Cheese Burrit PB & J Sandwich Tuna Sub Sandwich Southwestern Chicken Supreme Salad FP,Parfait,Yog,Cinn Bi Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Corn Zucchini Corn Green Peas "Maggies Black Bean Salad" Pears, Can,Light Syru Grapes Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Barbeque Sauce Catsup

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

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October Quantum Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 10/9/2017	Tue - 10/10/2017	Wed - 10/11/2017	Thu - 10/12/2017	Fri - 10/13/2017
Pizza,Nardone Bros. Cheeseburger Grilled Cheese Sand. PB & J Sandwich Turkey Sub Sandwich Gourmet Chicken Caesar Salad FP,Parfait,Yog,Cinn Bi Taco Chalupa Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Celery Sticks Corn Green Peas SB, Pasta Salad Cinnamon Applesauc Gala,Apple Red Apples Orange Smiles Mangos Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Baked Chicken & Cra Sriracha Chicken Whit Cheese Ravioli PB & J Sandwich Ham Sub Sandwich Gourmet Taco Salad FP,Parfait,Yog,Cinn Bi Goldfish Crackers Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Celery Sticks Peanut Butter Cup Green Peas Corn SB, Pasta Salad Mandarin Oranges Watermelon Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Spicy Chicken Sandwi Pizza,Nardone Bros. Popcorn Chicken / Goldfish Crackers Beef Taco Dip w/ Chip PB & J Sandwich Asian Chicken Salad Asian Tofu Salad Italian Comb Sub Sandwich FP,Parfait,Yog,Cinn Bi Pizza Sticks Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Cucurber Peanut Butter Cup Bell Peppers 4 Colors Corn Edamame Garbanzo Beans Pineapple, Can,Lt Syr Asian Pear Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Mini Cheeseburgers Bean & Cheese Burrit Grilled Cheese Sand. Cheese Pizza, PZA G Pepperoni Pizza PB & J Sandwich FP,Parfait,Yog,Cinn Bi String Cheese Crackers Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Celery Sticks Peanut Butter Cup Corn Green Peas "Maggies Black Bean Salad" Peaches, canned Banana Red Apples Gala,Apple Mangos Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Western Cheeseburg Chicken Nuggets & T Bean & Cheese Burrit PB & J Sandwich Tuna Sub Sandwich Southwestern Chicken Supreme Salad FP,Parfait,Yog,Cinn Bi Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Corn Zucchini Corn Green Peas "Maggies Black Bean Salad" Pears, Can,Light Syru Grapes Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Barbeque Sauce Catsup

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HHFKA - K-8

October Quantum Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 10/16/2017 Hot Dog w/ Tots Mini Cheeseburgers Salsa Verde Chicken Burrito Grilled Cheese Sand. PB & J Sandwich Turkey Sub Sandwich Gourmet Chicken Caesar Salad FP,Parfait,Yog,Cinn Bi Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Celery Sticks Corn Green Peas SB, Pasta Salad Cinnamon Applesauc Gala,Apple Red Apples Orange Smiles Mangos Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Tue - 10/17/2017 Orange Chicken/Brow Rice Cheesy Bread Sriracha Chicken Whit PB & J Sandwich Ham Sub Sandwich Gourmet Taco Salad FP,Parfait,Yog,Cinn Bi Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Celery Sticks Peanut Butter Cup Green Peas Corn SB, Pasta Salad Mandarin Oranges Watermelon Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Barbeque Sauce	Wed - 10/18/2017 Spicy Chicken Sandwi Pizza,Nardone Bros. Travelin Taco PB & J Sandwich Italian Comb Sub Sandwich Asian Chicken Salad Asian Tofu Salad Italian Comb Sub Sandwich FP,Parfait,Yog,Cinn Bi Pizza Sticks Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Corn Edamame Garbanzo Beans Pineapple, Can,Lt Syr Fresh Fruit Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Thu - 10/19/2017 PARENT CONFEREN	Fri - 10/20/2017 PARENT CONFEREN

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Escondido Union School District

October Quantum Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 10/23/2017	Tue - 10/24/2017	Wed - 10/25/2017	Thu - 10/26/2017	Fri - 10/27/2017
Cheeseburger Taco Chalupa Pizza,Nardone Bros. Grilled Cheese Sand. PB & J Sandwich Turkey Sub Sandwich Gourmet Chicken Caesar Salad FP,Parfait,Yog,Cinn Bi Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Celery Sticks Corn Green Peas SB, Pasta Salad Cinnamon Applesauc Gala,Apple Red Apples Orange Smiles Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Barbeque Sauce	Sriracha Chicken Whit Chicken, & Waffle Cheesy Bread Baked Ziti PB & J Sandwich Ham Sub Sandwich Gourmet Taco Salad FP,Parfait,Yog,Cinn Bi Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Celery Sticks Peanut Butter Cup Green Peas Corn SB, Pasta Salad Mandarin Oranges Watermelon Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Spicy Chicken Sandwi PB & J Sandwich Italian Comb Sub Sandwich Asian Chicken Salad Asian Tofu Salad Italian Comb Sub Sandwich FP,Parfait,Yog,Cinn Bi Pizza Sticks Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Edamame Garbanzo Beans Pineapple, Can,Lt Syr Asian Pear Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Barbeque Sauce Catsup	Mini Cheeseburgers Bean & Cheese Burrit Corn Dog Cheese Pizza, PZA G Pepperoni Pizza PB & J Sandwich FP,Parfait,Yog,Cinn Bi Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Celery Sticks Peanut Butter Cup Corn Green Peas "Maggies Black Bean Salad" Peaches, canned Banana Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Barbeque Sauce	Western Cheeseburg Chicken Nuggets & T Bean & Cheese Burrit PB & J Sandwich Tuna Sub Sandwich Southwestern Chicken Supreme Salad FP,Parfait,Yog,Cinn Bi Cracker/Hugs Not Dru Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Corn Zucchini Corn Green Peas "Maggies Black Bean Salad" Pears, Can,Light Syru Grapes Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Barbeque Sauce

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Escondido Union School District

Quantum Lunch 4-8

HHFKA - K-8

Sep 27, 2017

October Quantum Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 10/30/2017 Salsa Verde Chicken Burrito Mini Cheeseburgers Grilled Cheese Sand. PB & J Sandwich Turkey Sub Sandwich Gourmet Chicken Caesar Salad FP,Parfait,Yog,Cinn Bi Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Celery Sticks Corn Green Peas SB, Pasta Salad Cinnamon Applesauc Gala,Apple Red Apples Asian Pear Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Barbeque Sauce Catsup	Tue - 10/31/2017 Spooky Halloween Chi Nuggets w Cracker Cheesy Bread Orange Chicken/Brow Rice PB & J Sandwich Ham Sub Sandwich Gourmet Taco Salad FP,Parfait,Yog,Cinn Bi Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Celery Sticks Peanut Butter Cup Green Peas Corn SB, Pasta Salad Mandarin Oranges "Blood Oranges" Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Barbeque Sauce			

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