

# Escondido Union School District

## HHFKA - 6-8

### October Middle School Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mon - 10/2/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Sau,Egg,Cheese,Bisc Mexican Sweetbread Oatmeal Choc. Chip B Maple Mini Waffles Breakfast Burrito - Ha Eggs Src w/Ssg/Muffi Coffee Cake WG Bagels &amp; Cream Chee ..... Pineapple, Can,Lt Syr Gala,Apple Red Apples Orange Smiles Orange Juice Juice/Appleberry ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>	<p>Tue - 10/3/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Mexican Sweetbread Oatmeal Choc. Chip B Maple Mini Waffles Breakfast Burrito - Ha Eggs Src w/Ssg/Muffi Coffee Cake WG Bagels &amp; Cream Chee ..... Apricots Mangos Gala,Apple Red Apples Orange Smiles Orange Juice Juice/Appleberry ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>	<p>Wed - 10/4/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner Egg &amp; Chorizo Burrito Mexican Sweetbread Oatmeal Choc. Chip B Peanut Butter Bar Cinnamon Roll Breakfast Burrito, bac Sau,Egg,Cheese,Bisc Bagels &amp; Cream Chee ..... Peaches, canned Asian Pear Red Apples Gala,Apple Orange Smiles Orange Juice Juice/Appleberry ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>	<p>Thu - 10/5/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Mexican Sweetbread Oatmeal Choc. Chip B Coffee Cake WG Mini Maple Pancakes Breakfast Burrito - Ha Sau,Egg,Cheese,Bisc Bagels &amp; Cream Chee ..... Pears, Can,Light Syru Banana Red Apples Gala,Apple Orange Smiles Orange Juice Juice/Appleberry ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>	<p>Fri - 10/6/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Breakfast "Jax" Sand Mexican Sweetbread Oatmeal Choc. Chip B Peanut Butter Bar Cinnamon Roll Egg &amp; Chorizo Burrito Bagels &amp; Cream Chee ..... Peaches, canned Red Apples Gala,Apple Orange Smiles Orange Juice Juice/Appleberry ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>
<p>Mon - 10/9/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Sau,Egg,Cheese,Bisc Mexican Sweetbread Oatmeal Choc. Chip B Maple Mini Waffles Breakfast Burrito - Ha Eggs Src w/Ssg/Muffi Coffee Cake WG Bagels &amp; Cream Chee ..... Pineapple, Can,Lt Syr Gala,Apple Red Apples Orange Smiles Orange Juice Juice/Appleberry ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>	<p>Tue - 10/10/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Mexican Sweetbread Oatmeal Choc. Chip B Maple Mini Waffles Breakfast Burrito - Ha Eggs Src w/Ssg/Muffi Coffee Cake WG Bagels &amp; Cream Chee ..... Apricots Mangos Gala,Apple Red Apples Orange Smiles Orange Juice Juice/Appleberry ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>	<p>Wed - 10/11/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner Egg &amp; Chorizo Burrito Mexican Sweetbread Oatmeal Choc. Chip B Peanut Butter Bar Cinnamon Roll Breakfast Burrito, bac Sau,Egg,Cheese,Bisc Bagels &amp; Cream Chee ..... Peaches, canned Asian Pear Red Apples Gala,Apple Orange Smiles Orange Juice Juice/Appleberry ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>	<p>Thu - 10/12/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Mexican Sweetbread Oatmeal Choc. Chip B Coffee Cake WG Mini Maple Pancakes Breakfast Burrito - Ha Sau,Egg,Cheese,Bisc Bagels &amp; Cream Chee ..... Pears, Can,Light Syru Banana Red Apples Gala,Apple Orange Smiles Orange Juice Juice/Appleberry ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>	<p>Fri - 10/13/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Breakfast "Jax" Sand Mexican Sweetbread Oatmeal Choc. Chip B Peanut Butter Bar Cinnamon Roll Egg &amp; Chorizo Burrito Bagels &amp; Cream Chee ..... Peaches, canned Red Apples Gala,Apple Orange Smiles Orange Juice Juice/Appleberry ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

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# Escondido Union School District

## HHFKA - 6-8

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mon - 10/16/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Sau,Egg,Cheese,Bisc Mexican Sweetbread Oatmeal Choc. Chip B Cinnamon Roll Egg &amp; Chorizo Burrito Pizza Bagel Bagels &amp; Cream Chee ..... Pineapple, Can,Lt Syr Gala,Apple Red Apples Orange Smiles Orange Juice Juice/Appleberry ..... ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>	<p>Tue - 10/17/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Mexican Sweetbread Oatmeal Choc. Chip B Maple Mini Waffles Breakfast Burrito - Ha Eggs Src w/Ssg/Muffi Coffee Cake WG Bagels &amp; Cream Chee ..... Apricots Mangos Gala,Apple Red Apples Orange Smiles Orange Juice Juice/Appleberry ..... ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>	<p>Wed - 10/18/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner Egg &amp; Chorizo Burrito Mexican Sweetbread Oatmeal Choc. Chip B Peanut Butter Bar Cinnamon Roll Breakfast Burrito, bac Sau,Egg,Cheese,Bisc Bagels &amp; Cream Chee ..... Peaches, canned Asian Pear Red Apples Gala,Apple Orange Smiles Orange Juice Juice/Appleberry ..... ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>	<p>Thu - 10/19/2017</p> <p>PARENT CONFEREN</p>	<p>Fri - 10/20/2017</p> <p>PARENT CONFEREN</p>
<p>Mon - 10/23/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Sau,Egg,Cheese,Bisc Mexican Sweetbread Oatmeal Choc. Chip B Cinnamon Roll Egg &amp; Chorizo Burrito Pizza Bagel Bagels &amp; Cream Chee ..... Pineapple, Can,Lt Syr Apple,Golden Deliciou Red Apples Orange Smiles Orange Juice Juice/Appleberry ..... ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>	<p>Tue - 10/24/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Mexican Sweetbread Oatmeal Choc. Chip B Maple Mini Waffles Breakfast Burrito - Ha Eggs Src w/Ssg/Muffi Coffee Cake WG Bagels &amp; Cream Chee ..... Apricots Apple,Golden Deliciou Red Apples Orange Smiles Orange Juice Juice/Appleberry ..... ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>	<p>Wed - 10/25/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner Egg &amp; Chorizo Burrito Mexican Sweetbread Oatmeal Choc. Chip B Peanut Butter Bar Cinnamon Roll Breakfast Burrito, bac Sau,Egg,Cheese,Bisc Bagels &amp; Cream Chee ..... Peaches, canned Asian Pear Red Apples Apple,Golden Deliciou Orange Smiles Orange Juice Juice/Appleberry ..... ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>	<p>Thu - 10/26/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Mexican Sweetbread Oatmeal Choc. Chip B Coffee Cake WG Mini Maple Pancakes Breakfast Burrito - Ha Sau,Egg,Cheese,Bisc Bagels &amp; Cream Chee ..... Pears, Can,Light Syru Banana Red Apples Apple,Golden Deliciou Orange Smiles Orange Juice Juice/Appleberry ..... ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>	<p>Fri - 10/27/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Breakfast "Jax" Sand Mexican Sweetbread Oatmeal Choc. Chip B Peanut Butter Bar Cinnamon Roll Egg &amp; Chorizo Burrito Bagels &amp; Cream Chee ..... Peaches, canned Grapes Red Apples Apple,Golden Deliciou Orange Smiles Orange Juice Juice/Appleberry ..... ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>

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HHFKA - 6-8

## October Middle School Breakfast

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<p>Mon - 10/30/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Sau,Egg,Cheese,Bisc Mexican Sweetbread Oatmeal Choc. Chip B Cinnamon Roll Egg &amp; Chorizo Burrito Pizza Bagel Bagels &amp; Cream Chee ..... Pineapple, Can,Lt Syr Apple,Golden Deliciou Red Apples Asian Pear Orange Juice Juice/Appleberry ..... ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>	<p>Tue - 10/31/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Mexican Sweetbread Oatmeal Choc. Chip B Maple Mini Waffles Breakfast Burrito - Ha Eggs Src w/Ssg/Muffi Coffee Cake WG Bagels &amp; Cream Chee ..... Apricots Apple,Golden Deliciou Red Apples Orange Smiles Orange Juice Juice/Appleberry ..... ..... Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... Maple Syrup Tapatio Sauce</p>			

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