

Escondido Union School District

HHFKA - K-5

October Elementary Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 10/2/2017 Sriracha Chicken Whit Salsa Verde Chicken Burrito PB & J Sandwich Yogurt & Pretzels Cheese Pizza, PZA G Pepperoni Pizza Yogurt & Pretzels Garden Fresh Salad Rainbow Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Green Peas SB, Pasta Salad Broccoli florets Cinnamon Applesauc Gala,Apple Red Apples Orange Smiles Mangos Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Tue - 10/3/2017 Chicken, & Waffle Teriyaki Beef & Rice PB & J Sandwich Turkey Ham & Chees String Cheese Crackers Cheese Pizza, PZA G Pepperoni Pizza Teriyaki Beef & Rice Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Roasted Beets Jicama sticks Celery Sticks Peanut Butter Cup Corn SB, Pasta Salad Mandarin Oranges Watermelon Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch,	Wed - 10/4/2017 Cheeseburger Pasta w/Meat Sauce a Garlic Bread PB & J Sandwich String Cheese Crackers Cheese Pizza, PZA G Pepperoni Pizza Pasta w/Meat Sauce a Garlic Bread Garden Fresh Salad Rainbow Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Edamame A to Z Salad Bar 1 Garbanzo Beans Broccoli florets Raisins, Ind Pineapple, Can,Lt Syr Asian Pear Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Thu - 10/5/2017 Wrapped Pup Taco Snack Grilled Cheese Sand. Bean & Cheese Burrit PB & J Sandwich String Cheese Crackers Grilled Cheese Sand. Garden Fresh Salad Baby Carrots Cucumber Roasted Beets Jicama sticks Cherry Tomatoes Celery Sticks Peanut Butter Cup Corn "Maggies Black Bean Salad" Peaches, canned Banana Red Apples Gala,Apple Mangos Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Fri - 10/6/2017 Chicken Drumsticks Tuna Sub Western Cheeseburg Cheese Ravioli PB & J Sandwich WG Goldfish Pretzels Chicken Drumsticks/Pr Garden Fresh Salad Rainbow Carrots Cucumber Cherry Tomatoes Zucchini Green Peas "Maggies Black Bean Salad" Broccoli florets Pears, Can,Light Syru Grapes Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk/PK-ONLY/1/2 GA

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

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Mon - 10/9/2017 Chicken Quesadilla Beef Taco Dip w/ Chip PB & J Sandwich BBQ Chicken Sandwi Yogurt & Pretzels Cheese Pizza, PZA G Pepperoni Pizza Chicken Quesadilla Garden Fresh Salad Rainbow Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Green Peas SB, Pasta Salad Broccoli florets Cinnamon Applesauc Gala,Apple Red Apples Orange Smiles Mangos Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Tue - 10/10/2017 Spicy Chicken Sandwi Orange Chicken/Brow Rice Grilled Cheese Sand. PB & J Sandwich String Cheese Crackers Cheese Pizza, PZA G Pepperoni Pizza Orange Chicken/Brow Rice Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Roasted Beets Jicama sticks Celery Sticks Peanut Butter Cup Corn SB, Pasta Salad Mandarin Oranges Watermelon Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Wed - 10/11/2017 Veggie Burger Mini T Pepperoni Pizza Cheesy Bread PB & J Sandwich Yogurt & Pretzels Cheese Pizza, PZA G Pepperoni Pizza Pepperoni Pizza Garden Fresh Salad Rainbow Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Edamame A to Z Salad Bar 1 Garbanzo Beans Broccoli florets Raisins, Ind Pineapple, Can,Lt Syr Asian Pear Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Thu - 10/12/2017 Corn Dog w/Tots Bean & Cheese Burrit PB & J Sandwich String Cheese Crackers Bean & Cheese Burrit Garden Fresh Salad Baby Carrots Cucumber Roasted Beets Jicama sticks Cherry Tomatoes Celery Sticks Peanut Butter Cup Corn "Maggies Black Bean Salad" Peaches, canned Banana Red Apples Gala,Apple Mangos Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk/PK-ONLY/1/2 GA	Fri - 10/13/2017 Sriracha Chicken Whit Fish Fillet Sandwich Mini Cheeseburgers PB & J Sandwich Yogurt & Pretzels Mini Cheeseburgers Garden Fresh Salad Rainbow Carrots Cucumber Cherry Tomatoes Zucchini Green Peas "Maggies Black Bean Salad" Broccoli florets Pears, Can,Light Syru Grapes Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk/PK-ONLY/1/2 GA Barbeque Sauce

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Mon - 10/16/2017 Chicken Nuggets Salsa Verde Chicken Burrito PB & J Sandwich Pizza Sticks Yogurt & Pretzels Goldfish Crackers Cheese Pizza, PZA G Pepperoni Pizza Chicken Nuggets Goldfish Crackers Garden Fresh Salad Rainbow Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Green Peas SB, Pasta Salad Broccoli florets Cinnamon Applesauc Gala,Apple Red Apples Orange Smiles Mangos	Tue - 10/17/2017 Chicken, & Waffle Teriyaki Beef & Rice PB & J Sandwich Turkey Ham & Chees String Cheese Crackers Cheese Pizza, PZA G Pepperoni Pizza Chicken, & Waffle Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Roasted Beets Jicama sticks Celery Sticks Peanut Butter Cup Corn SB, Pasta Salad Mandarin Oranges Watermelon Red Apples Gala,Apple Milk, 1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Wed - 10/18/2017 Pepperoni Pizza Travelin Taco Mini Cheeseburgers PB & J Sandwich Yogurt & Pretzels Pepperoni Pizza Cheese Pizza, PZA G Travelin Taco Tortilla Garden Fresh Salad Rainbow Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Edamame A to Z Salad Bar 1 Garbanzo Beans Broccoli florets Raisins, Ind Pineapple, Can,Lt Syr Fresh Fruit Red Apples Gala,Apple Milk, 1%,Pouch,8 oz. Milk,Chocolate,Pouch,	Thu - 10/19/2017 PARENT CONFEREN	Fri - 10/20/2017 PARENT CONFEREN

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Mon - 10/23/2017	Tue - 10/24/2017	Wed - 10/25/2017	Thu - 10/26/2017	Fri - 10/27/2017
Beef Taco Dip w/ Chip Taco Chalupa PB & J Sandwich Yogurt & Pretzels Pizza Sticks Pizza Dipping Sauce Cheese Pizza, PZA G Pepperoni Pizza Pizza Sticks Pizza Dipping Sauce Garden Fresh Salad Rainbow Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Green Peas SB, Pasta Salad Broccoli florets Cinnamon Applesauc Red Apples Gala,Apple Orange Smiles	Orange Chicken/Brow Rice Corn Dog w/Tots PB & J Sandwich Turkey Ham & Chees String Cheese Crackers Cheese Pizza, PZA G Pepperoni Pizza PK-Turkey Sandwich Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Roasted Beets Jicama sticks Celery Sticks Peanut Butter Cup Corn SB, Pasta Salad Mandarin Oranges Watermelon Red Apples Gala,Apple Milk, 1%,Pouch,8 oz.	Pepperoni Pizza Macaroni & Cheese PB & J Sandwich Cheesy Bread Yogurt & Pretzels Cheese Pizza, PZA G Pepperoni Pizza FP Macaroni & Chees Garden Fresh Salad Rainbow Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Edamame A to Z Salad Bar 1 Garbanzo Beans Broccoli florets Raisins, Ind Pineapple, Can,Lt Syr Fresh Fruit Red Apples Gala,Apple Milk, 1%,Pouch,8 oz. Milk,Chocolate,Pouch,	Taco Snack Wrapped Pup Bean & Cheese Burrit Pizza Sticks PB & J Sandwich String Cheese Crackers Pizza Dipping Sauce Bean & Cheese Burrit Garden Fresh Salad Baby Carrots Cucumber Roasted Beets Jicama sticks Cherry Tomatoes Celery Sticks Peanut Butter Cup Corn "Maggies Black Bean Salad" Peaches, canned Fresh Fruit Red Apples Gala,Apple Milk, 1%,Pouch,8 oz.	Popcorn Chicken Fish Sticks Mini Cheeseburgers Spicy Chicken Sandwi PB & J Sandwich WG Goldfish Pretzels Mini Cheeseburgers Cracker/Hugs Not Dru Garden Fresh Salad Rainbow Carrots Cucumber Cherry Tomatoes Zucchini Green Peas "Maggies Black Bean Salad" Broccoli florets Pears, Can,Light Syru Fresh Fruit Red Apples Gala,Apple Milk, 1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.

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Mon - 10/30/2017 Sriracha Chicken Whit Salsa Verde Chicken Burrito PB & J Sandwich Yogurt & Pretzels Cheese Pizza, PZA G Pepperoni Pizza Yogurt & Pretzels Garden Fresh Salad Rainbow Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Green Peas SB, Pasta Salad Broccoli florets Cinnamon Applesauc Asian Pear Red Apples Gala,Apple Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Tue - 10/31/2017 Chicken, & Waffle Spooky Halloween Chi Nuggets w Cracker PB & J Sandwich Turkey Ham & Chees String Cheese Crackers Cheese Pizza, PZA G Pepperoni Pizza Spooky Halloween Chi Nuggets w Cracker Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Roasted Beets Jicama sticks Celery Sticks Peanut Butter Cup Corn SB, Pasta Salad Mandarin Oranges "Blood Oranges" Red Apples Gala,Apple Milk,1%,Pouch,8 oz.			

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