

# Escondido Union School District

Quantum Breakfast 4-8

HHFKA - K-8

QUANTUM BREAKFAST September 1-30

Aug 28, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				Fri - 9/1/2017  Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread French Tst./ Sausage Breakfast Burrito - Ha Breakfast Sausage Pi Bagels & Cream Chee Pears, Can,Light Syru ..... Grapes Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... ..... Salsa Tapatio Sauce Maple Syrup
Mon - 9/4/2017  HOLIDAY	Tue - 9/5/2017  Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread Breakfast Taco w Bac Home Run Breakfast French Tst./ Sausage Egg & Chorizo Burrito Mixed Fruit, Light Syru Nectarine ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. ..... ..... Salsa Tapatio Sauce Maple Syrup	Wed - 9/6/2017  Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread Breakfast "Jax" Sand Breakfast Burrito, bac Pizza Bagel Sau,Egg,Cheese,Bisc Pineapple, Can,Lt Syr Banana ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk, Lactaid, 8 oz. ..... Pico de Gallo Tapatio Sauce Maple Syrup	Thu - 9/7/2017  Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread Breakfast Sausage Pi Sau,Egg,Cheese,Bisc Bagels & Cream Chee Mini Maple Pancakes ..... Peaches, canned Plums ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk, Lactaid, 8 oz. ..... Pico de Gallo Tapatio Sauce Maple Syrup	Fri - 9/8/2017  Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread French Tst./ Sausage Breakfast Burrito - Ha Breakfast Sausage Pi Bagels & Cream Chee ..... Pears, Can,Light Syru Grapes ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk, Lactaid, 8 oz. ..... Pico de Gallo Tapatio Sauce Maple Syrup

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mon - 9/11/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread Turkey,Egg Cheese Pi Breakfast Burrito, bac Breakfast Sausage Pi Sau,Egg,Cheese,Bisc ..... Cinnamon Applesauc ..... ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk, Lactaid, 8 oz. ..... Pico de Gallo Tapatio Sauce Maple Syrup</p>	<p>Tue - 9/12/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread Breakfast Taco w Bac Home Run Breakfast French Tst./ Sausage Egg &amp; Chorizo Burrito ..... Mixed Fruit, Light Syru Nectarine ..... ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk, Lactaid, 8 oz. ..... Pico de Gallo Tapatio Sauce Maple Syrup</p>	<p>Wed - 9/13/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread Breakfast "Jax" Sand Breakfast Burrito, bac Pizza Bagel Sau,Egg,Cheese,Bisc ..... Pineapple, Can,Lt Syr Banana ..... ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk, Lactaid, 8 oz. ..... Pico de Gallo Tapatio Sauce Maple Syrup</p>	<p>Thu - 9/14/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread Breakfast Sausage Pi Sau,Egg,Cheese,Bisc Bagels &amp; Cream Chee Mini Maple Pancakes ..... Peaches, canned Plums ..... ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk, Lactaid, 8 oz. ..... Pico de Gallo Tapatio Sauce Maple Syrup</p>	<p>Fri - 9/15/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread French Tst./ Sausage Breakfast Burrito - Ha Breakfast Sausage Pi Bagels &amp; Cream Chee ..... ..... Pears, Can,Light Syru Grapes ..... ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk, Lactaid, 8 oz. ..... Pico de Gallo Tapatio Sauce Maple Syrup</p>
<p>Mon - 9/18/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread Turkey,Egg Cheese Pi Breakfast Burrito, bac Breakfast Sausage Pi Sau,Egg,Cheese,Bisc ..... Cinnamon Applesauc ..... ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk, Lactaid, 8 oz. ..... Pico de Gallo Tapatio Sauce Maple Syrup</p>	<p>Tue - 9/19/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread Breakfast Taco w Bac Home Run Breakfast French Tst./ Sausage Egg &amp; Chorizo Burrito ..... Mixed Fruit, Light Syru Nectarine ..... ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk, Lactaid, 8 oz. ..... Pico de Gallo Tapatio Sauce Maple Syrup</p>	<p>Wed - 9/20/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread Breakfast "Jax" Sand Breakfast Burrito, bac Pizza Bagel Sau,Egg,Cheese,Bisc ..... Pineapple, Can,Lt Syr Banana ..... ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk, Lactaid, 8 oz. ..... Pico de Gallo Tapatio Sauce Maple Syrup</p>	<p>Thu - 9/21/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread Breakfast Sausage Pi Sau,Egg,Cheese,Bisc Bagels &amp; Cream Chee Mini Maple Pancakes ..... Peaches, canned Plums ..... ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk, Lactaid, 8 oz. ..... Pico de Gallo Tapatio Sauce Maple Syrup</p>	<p>Fri - 9/22/2017</p> <p>Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread French Tst./ Sausage Breakfast Burrito - Ha Breakfast Sausage Pi Bagels &amp; Cream Chee ..... ..... Pears, Can,Light Syru Grapes ..... ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk, Lactaid, 8 oz. ..... Pico de Gallo Tapatio Sauce Maple Syrup</p>

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Aug 28, 2017

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Mon - 9/25/2017	Tue - 9/26/2017	Wed - 9/27/2017	Thu - 9/28/2017	Fri - 9/29/2017
Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread Turkey,Egg Cheese Pi Breakfast Burrito, bac Breakfast Sausage Pi Sau,Egg,Cheese,Bisc ..... Cinnamon Applesauc ..... ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk, Lactaid, 8 oz. ..... Pico de Gallo Tapatio Sauce Maple Syrup	Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread Breakfast Taco w Bac Home Run Breakfast French Tst./ Sausage Egg & Chorizo Burrito ..... Mixed Fruit, Light Syru Nectarine ..... ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk, Lactaid, 8 oz. ..... Pico de Gallo Tapatio Sauce Maple Syrup	Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread Breakfast "Jax" Sand Breakfast Burrito, bac Pizza Bagel Sau,Egg,Cheese,Bisc ..... Pineapple, Can,Lt Syr Banana ..... ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk, Lactaid, 8 oz. ..... Pico de Gallo Tapatio Sauce Maple Syrup	Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread Breakfast Sausage Pi Sau,Egg,Cheese,Bisc Bagels & Cream Chee Mini Maple Pancakes ..... Peaches, canned Plums ..... ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk, Lactaid, 8 oz. ..... Pico de Gallo Tapatio Sauce Maple Syrup	Cinnamon Toast Crun Frosted Mini Spooner Oatmeal Choc. Chip B Cinnamon Roll Mexican Sweetbread French Tst./ Sausage Breakfast Burrito - Ha Breakfast Sausage Pi Bagels & Cream Chee ..... Pears, Can,Light Syru Grapes ..... ..... Red Apples Orange Smiles ..... Juice/Appleberry Apple Juice Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz. Milk, Lactaid, 8 oz. ..... Pico de Gallo Tapatio Sauce Maple Syrup

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