

Escondido Union School District

Elementary Lunch Menu September 1-30

Monday	Tuesday	Wednesday	Thursday	Friday
				Fri - 9/1/2017 Popcorn Chicken Shrimp Poppers Mini Cheeseburgers Spicy Chicken Sandwi PB & J Sandwich WG Goldfish Pretzels Mini Cheeseburgers Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Zucchini Green Peas "Maggies Black Bean Salad" Broccoli florets Pears, Can,Light Syru Grapes Red Apples Apple,Golden Deliciou Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*

Escondido Union School District

Elementary Lunch K-5

HHFKA - K-5

Elementary Lunch Menu September 1-30

Aug 28, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 9/4/2017 HOLIDAY	Tue - 9/5/2017 Chicken, & Waffle Teriyaki Beef & Rice PB & J Sandwich Turkey & Cheese on Roll String Cheese / Crack Cheese Pizza, PZA G Pepperoni Pizza Teriyaki Beef & Rice Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Jicama sticks Celery Sticks Peanut Butter Cup Corn SB, Pasta Salad Mixed Fruit, Light Syru Nectarine Red Apples StringCheese &Cinn. Milk, 1%,Pouch,8 oz. Milk,Chocolate,Pouch,	Wed - 9/6/2017 Cheeseburger Pasta w/Meat Sauce a Garlic Bread PB & J Sandwich String Cheese / Crack Cheese Pizza, PZA G Pepperoni Pizza Pasta w/Meat Sauce a Garlic Bread Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Edamame Garbanzo Beans Broccoli florets Pineapple, Can,Lt Syr Banana Red Apples Apple,Golden Deliciou Milk, 1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Thu - 9/7/2017 Wrapped Pup Grilled Cheese Sand. Bean & Cheese Burrit PB & J Sandwich String Cheese / Crack Grilled Cheese Sand. Garden Fresh Salad Baby Carrots Cucumber Jicama sticks Cherry Tomatoes Celery Sticks Peanut Butter Cup Corn "Maggies Black Bean Salad" Peaches, canned Plums Red Apples Apple,Golden Deliciou Milk, 1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Fri - 9/8/2017 Chicken Drumsticks Tuna Sub Western Cheeseburg Cheese Ravioli PB & J Sandwich WG Goldfish Pretzels Chicken Drumsticks/Pr Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Zucchini Green Peas "Maggies Black Bean Salad" Broccoli florets Pears, Can,Light Syru Grapes Red Apples Apple,Golden Deliciou Milk, 1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.

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Escondido Union School District

HHFKA - K-5

Elementary Lunch Menu September 1-30

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 9/11/2017 Chicken Quesadilla Beef Taco Dip w/ Chip PB & J Sandwich BBQ Chicken Sandwi Yogurt & Pretzels Cheese Pizza, PZA G Pepperoni Pizza Chicken Quesadilla Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Green Peas SB, Pasta Salad Broccoli florets Cinnamon Applesauc Apple,Golden Deliciou Red Apples Orange Smiles Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Tue - 9/12/2017 Spicy Chicken Sandwi Orange Chicken/Brow Rice Grilled Cheese Sand. PB & J Sandwich String Cheese / Crack Cheese Pizza, PZA G Pepperoni Pizza Orange Chicken/Brow Rice Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Jicama sticks Celery Sticks Peanut Butter Cup Corn SB, Pasta Salad Mixed Fruit, Light Syru Nectarine Red Apples Apple,Golden Deliciou StringCheese &Cinn. Milk,1%,Pouch,8 oz.	Wed - 9/13/2017 Mini Twin, BBQ Beef Pepperoni Pizza Cheesy Bread PB & J Sandwich Yogurt & Pretzels Cheese Pizza, PZA G Pepperoni Pizza Pepperoni Pizza Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Edamame Garbanzo Beans Broccoli florets Raisins, Ind Pineapple, Can,Lt Syr Banana Red Apples Apple,Golden Deliciou Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Thu - 9/14/2017 Corn Dog w/Tots Bean & Cheese Burrit PB & J Sandwich String Cheese / Crack Bean & Cheese Burrit Garden Fresh Salad Baby Carrots Cucumber Jicama sticks Cherry Tomatoes Celery Sticks Peanut Butter Cup Corn "Maggies Black Bean Salad" Peaches, canned Plums Red Apples Apple,Golden Deliciou Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.	Fri - 9/15/2017 Sriracha Chicken Whit Fish Fillet Sandwich Mini Cheeseburgers PB & J Sandwich Yogurt & Pretzels Mini Cheeseburgers Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Zucchini Green Peas "Maggies Black Bean Salad" Broccoli florets Pears, Can,Light Syru Grapes Red Apples Apple,Golden Deliciou Milk,1%,Pouch,8 oz. Milk,Chocolate,Pouch, Milk,FF,Carton,8 oz.
Mon - 9/18/2017	Tue - 9/19/2017	Wed - 9/20/2017	Thu - 9/21/2017	Fri - 9/22/2017
Mon - 9/25/2017	Tue - 9/26/2017	Wed - 9/27/2017	Thu - 9/28/2017	Fri - 9/29/2017

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