

Escondido Union School District

Quantum Lunch 4-8

HHFKA - K-8

027 - Quantum Academy

QUANTUM ACADEMY LUNCH - August 16 - August 31

Monday	Tuesday	Wednesday	Thursday	Friday
		Wed - 8/16/2017	Thu - 8/17/2017	Fri - 8/18/2017
		Spicy Chicken Sandwi Popcorn Chicken / Goldfish Crackers Beef Taco Dip w/ Chip PB & J Sandwich Asian Salad FP,Parfait,Yog,Cinn Bi Pizza Sticks Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Corn Edamame Garbanzo Beans Pineapple, Can,Lt Syr Grapes Red Apples Orange Smiles Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid Barbeque Sauce Catsup	Mini Cheeseburgers Bean & Cheese Burrit Grilled Cheese Sand. Pepperoni Pizza Cheese Pizza, PZA G PB & J Sandwich FP,Parfait,Yog,Cinn Bi String Cheese / Crack Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Celery Sticks Peanut Butter Cup Corn Green Peas Black beans salad Peaches, canned Plums Red Apples Orange Smiles Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid	Western Cheeseburg Chicken Nuggets & T Bean & Cheese Burrit PB & J Sandwich Tuna Sub Sandwich Southwestern Chicke Supreme Salad FP,Parfait,Yog,Cinn Bi Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Corn Zucchini Corn Green Peas Black beans salad Pears, Can,Light Syru Banana Red Apples Orange Smiles Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid Barbeque Sauce

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Escondido Union School District

QUANTUM ACADEMY LUNCH - August 16 - August 31

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 8/21/2017 Hot Dog w/ Tots Mini Cheeseburgers Salsa Verde Chicken Grilled Cheese Sand. PB & J Sandwich Turkey Sub Sandwich Gourmet Chicken Cae Salad FP,Parfait,Yog,Cinn Bi Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Celery Sticks Peanut Butter Cup Green Peas Corn SB, Pasta Salad Cinnamon Applesauc Red Apples Orange Smiles Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid Barbeque Sauce	Tue - 8/22/2017 Orange Chicken/Brow Rice Cheesy Bread Sriracha Chicken Whit PB & J Sandwich Ham Sub Sandwich Gourmet Taco Salad FP,Parfait,Yog,Cinn Bi Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Celery Sticks Peanut Butter Cup Green Peas Corn SB, Pasta Salad Mixed Fruit, Light Syru Nectarine Red Apples Orange Smiles Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid Barbeque Sauce	Wed - 8/23/2017 Spicy Chicken Sandwi Travelin Taco PB & J Sandwich Italian Comb Sub Sandwich Asian Salad FP,Parfait,Yog,Cinn Bi Pizza Sticks Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Corn Edamame Garbanzo Beans Pineapple, Can,Lt Syr Grapes Red Apples Orange Smiles Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid Barbeque Sauce Catsup	Thu - 8/24/2017 Corn Dog Mini Cheeseburgers Bean & Cheese Burrit Cheese Pizza, PZA G Pepperoni Pizza PB & J Sandwich FP,Parfait,Yog,Cinn Bi Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Bell Peppers 4 Colors Celery Sticks Peanut Butter Cup Corn Green Peas Black beans salad Peaches, canned Plums Red Apples Orange Smiles Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid	Fri - 8/25/2017 Cheesy Nachos Shrimp Poppers w Gol Chicken Nuggets & T Bean & Cheese Burrit PB & J Sandwich Tuna Sub Sandwich Southwestern Chicke Supreme Salad FP,Parfait,Yog,Cinn Bi Garden Fresh Salad Baby Carrots Cucumber Cherry Tomatoes Corn Zucchini Corn Green Peas Black beans salad Pears, Can,Light Syru Banana Red Apples Orange Smiles Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid
Mon - 8/28/2017 Cheeseburger Taco Chalupa Grilled Cheese Sand. PB & J Sandwich Turkey Sub Sandwich Gourmet Chicken Cae Salad FP,Parfait,Yog,Cinn Bi	Tue - 8/29/2017 Sriracha Chicken Whit Chicken, & Waffle Baked Ziti PB & J Sandwich Ham Sub Sandwich Gourmet Taco Salad FP,Parfait,Yog,Cinn Bi	Wed - 8/30/2017 Pizza,Nardone Bros. Beef Taco Dip w/ Chip PB & J Sandwich Italian Comb Sub Sandwich Asian Salad FP,Parfait,Yog,Cinn Bi Pizza Sticks	Thu - 8/31/2017 Hot Dog w/ Tots Spicy Chicken Sandwi Cheesy Bread Popcorn Chicken / Goldfish Crackers PB & J Sandwich Ham & Turkey Club S FP,Parfait,Yog,Cinn Bi	

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